## **FIELD EVENTS**

1st Wave: 3:30-4:30 PM 2nd Wave: 4:30-5:30 PM

\*Athletes are scored as individual competitors \*3 Jumps/Throws given to each individual

Girls Shot Put followed by Boys Shot Put Girls Triple Jump followed by Boys Triple Jump Boys High Jump followed by Girls High Jump Boys Discus followed by Girls Discus Boys Long Jump followed by Girls Long Jump Girls Pole Vault followed by Boys Pole Vault



## **RUNNING EVENTS**

(Girls followed by the Boys)

3:30 PM	JV 1600 Meter Run
4:00 PM	JV 100 Meter Dash
4:30 PM	Distance Medley Relay (1200-400-800-1600)
5:05 PM	3x100/110 Hurdles Relay
5:30 PM	400 Meter Dash
6:00 PM	100 Meter Dash
6:30PM	4x800 Meter Relay
6:30PM 6:50 PM	4x800 Meter Relay Sprint Medley Relay (100-100-200-400)
	Sprint Medley Relay
6:50 PM	Sprint Medley Relay (100-100-200-400)
6:50 PM 7:10 PM	Sprint Medley Relay (100-100-200-400) 4x100 Meter Throwers Re
6:50 PM 7:10 PM 7:15 PM	Sprint Medley Relay (100-100-200-400) 4x100 Meter Throwers Re 4x100 Meter Relay

## FOR FURTHER INFORMATION CONTACT:

elay

Kent Austell at tkaustell@briarcrest.com



## Friday · April 7, 2017

Facility:	The track is eight all-weather lanes. 1/4" spikes only
Entry fee:	<ul> <li>\$100 per school (\$50 for men / \$50 for women)</li> <li>Checks payable to Briarcrest Christian School</li> <li>Payment MUST be received prior to the start of the meet</li> <li>Schools may enter individuals for \$10.00 per athlete or \$20.00 per relay team</li> </ul>
Spectators:	<ul> <li>\$5.00 fee for all non-participants.</li> <li>Concession stand available</li> <li>Coaches will be treated to a hospitality room furnished with food and drinks.</li> </ul>
<u>Limits</u> :	Only 3 entries per event and one relay per team
<u>Schedule</u> :	Printed to the left
<u>Teams</u> :	Open Invitation to all schools recognized by the NFHS and TSSAA
<u>Format</u> :	Lane assignments will be given in respect to entry times. In order to operate smoothly and efficiently, we will limit the number of teams entered to 15
	The field/area will be available for warm-ups starting at 2:00 PM
	To keep the meet on schedule, both field events and running events will start promptly at 3:30 PM
<u>Awards</u> :	T-shirts will be awarded to the top-3 finishers in individual events
	T-shirts will only be awarded to each winning relay
	No team trophies will be given

Timing: Brand new FINISHLYNX FAT system!