

Royal Invitational Track and Field Meet

Thursday, March 28, 2013

THE FIRST ACADEMY – PAYNE STEWART ATHLETIC COMPLEX

3:30 pm – 10:00pm

Home of the Golden South Classic

ENTRY FEE: \$90 for one team \$150 for two teams

TEAMS: Varsity GIRLS Varsity BOYS

ADMISSION: \$5.00 per person

AWARDS: CHAMPIONSHIP and RUNNER-UP trophies for each division:
Varsity GIRLS, Varsity BOYS
Medals for top three finishers, and ribbons for 4th – 8th place

Team Limits: First 16 teams to send in the Registration Form (at bottom of page)

Notes:

1. Must use ¼" pyramid spikes or smaller.
2. Events will be timed using Elite Timing systems. Full entries are due by Monday, March 25, 2013 at 11:59 pm and must be entered through **FLrunners**. Limit 3 athletes per event per team, and 1 relay team per event per team.
3. Each participating team will be assigned a field event or relay zone for a coach or volunteer to help officiate. Please let us know what you might be interested in assisting with by annotating such with your Registration Form. Assignments will be discussed at the Coach's meeting prior to the meet. Each school must have at least one volunteer to help assist with a field event.
4. There will be concessions throughout the evening to serve you and your athletes.
5. We can only accept the first 16 teams to send in their entry fee and Registration Form by Wednesday, March 13, 2013, so we can mail out parking passes prior to the meet. Registration forms can be faxed to 407-206-8724, attn: Ginger Millsaps. Fees (**checks made out to The First Academy**) must be mailed to:

*The First Academy Athletics
Attn: Ms. Ginger Millsaps
2667 Bruton Blvd
Orlando, FL 32805*

Please annotate that the check is for “**The Royal Invitational**”!

6. **Parking:** Only 1 vehicle will be allowed to park in the stadium lot next to the track. This can be either a team or equipment bus. Each school will receive a parking pass for this vehicle. All spectators will be required to park in the church parking lot or the Upper School parking lot just outside the athletic complex.

7. **Tents:** All team tents must be set up behind the bleachers on the side opposite of the press box. No tents will be allowed on the press box side of the track.

Royal Invitational

SCHEDULE OF EVENTS

All events are finals: "Heats against Time"

Limit 3 athletes per event per team / 1 relay per event per team

Field Events: 3 attempts

3:30 PM

COACHES MEETING

4:00 PM

GIRLS LONG JUMP
BOYS LONG JUMP
BOYS DISCUS
GIRLS SHOT PUT
GIRLS POLE VAULT
BOYS HIGH JUMP
GIRLS HIGH JUMP

5:00 PM (OR AFTER COMPLETION OF 4:00 PM EVENTS)

GIRLS TRIPLE JUMP
BOYS TRIPLE JUMP
GIRLS DISCUS
BOYS SHOT PUT
BOYS POLE VAULT

**(RUNNING EVENTS ON A ROLLING TIME SCHEDULE
GIRLS EVENTS, FOLLOWED BY BOYS EVENTS)**

5:30 PM

4 X 800m RELAY

6:00 PM

GIRLS 100m HIGH HURDLES
BOYS 110m HIGH HURDLES
100m DASH
CONSOLATION 1600m RUN (GIRLS AND BOYS TOGETHER)
1600m RUN
4 X 100m RELAY
400m DASH
300m INTERMEDIATE HURDLES
800m RUN
200m DASH
3200m RUN
4 X 400m RELAY

Royal Invitational

Registration Form

_____ (name of school) will participate in the Royal Invitational on Thursday, March 28, 2013.

Circle all that apply: Varsity GIRLS

Varsity BOYS

Coach's Signature

Coach's printed name

Field Event you, a coach, or a knowledgeable volunteer would be willing to assist with:

Discus

Shot Put

Girl's High Jump

Boys High Jump

Pole Vault

Girls Long Jump

Boys Long Jump

Girls Triple Jump

Boys Triple Jump