



# **Miami-Dade County Fair & Exposition**

## **Track & Field Championship 2013**

### **A.K.A. Dade County Youth Fair**

#### **\* Change for Individual Event Entries as of Sunday, March 31st, 2013 \***

##### **Change to athlete entries:**

- Each team is currently allowed three (3) individual entries per event and one (1) relay. Additionally, now each school will have an opportunity to include a fourth entry for all individual events. All possible fourth entries will be based on a minimum performance standard that is listed below. If a school has four (4) athletes that have hit these minimum standards within a competition that was timed with F.A.T. (Fully-Automatic Timing), not a hand-timed competition, then that coach can enter all four (4) athletes in that event.

##### **Rationale:**

- Allowing additional entries for schools and athletes that meet these performance standards will increase the overall level of competition for the Youth Fair Championship.

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##### **Method of Entry:**

- The first three (3) entries must be entered online on Flrunners.com (Florida Runners).

**Online Registration link:** <http://fl.milesplit.com/meets/128201/registration>

- For registration of fourth entries, please email Coach Raposo, [rraposo@dadeschools.net](mailto:rraposo@dadeschools.net) by **Tuesday, April 2nd at 11:59pm**, the same deadline for the regular online registration.
- All fourth entry requests, both accepted and denied entries, will be addressed by email.

##### **REMINDERS:**

- All schools can register three (3) entries per event, regardless of athlete times or marks.
- If a coach desires to have a fourth competitor in any event, all four (4) entries entered must have met the performance standards listed below, and all entries will be verified.

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##### **\* Special Notes \***

- A similar proposal was introduced in an effort to increase the quality and level of competition for the GMAC Championship meet, increasing individual athlete entries from only two (2) entries to include possible third entries, but it was ultimately dismissed.
- If there is a special circumstance, a genuine and legitimate athlete performance that is not listed in the Flrunners database because it is from a hand-timed meet (particularly in a field event), please email Coach Raposo, and we'll work on adding that fourth entry.
- Finally, if you feel that this type of change is a positive one or a possible detriment to the meet structure and the sport of Track & Field, please notify Coach Raposo, with your professional input. We're trying to improve our sport, one proposal at a time. Thank you.

Performance Standards for 2013:

## **Youth Fair Track & Field Championship 2013**

### **Performance Standards for fourth competitors:**

<u>Field Events:</u>	<u>Girls Mark:</u>	<u>Boys Mark:</u>
Long Jump	13' 00"	17' 00"
Triple Jump	25' 00"	36' 00"
High Jump	4' 04"	5' 04"
Pole Vault	6' 00"	8' 00"
Shot Put	24' 00"	36' 00"
Discus Throw	60' 00"	90' 00"

<u>Running Events:</u>	<u>Girls Time:</u>	<u>Boys Time:</u>
100m Dash	14.00	12.30
200m Dash	29.00	25.00
400m Dash	1:08.00	55.00
800m Run	3:00.00	2:20.00
1600m Run	6:30.00	5:10.00
3200m Run	14:00.00	11:30.00
100/110m Hurdles	22.00	20.00
300m Hurdles	57.00	48.00

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### **Method of Entry Reminder:**

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- All fourth entry requests, both accepted and denied entries, will be addressed by email.

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All updated meet information can be found here:

<http://fl.milesplit.com/meets/128201-dade-county-youth-fair-hs-championship>