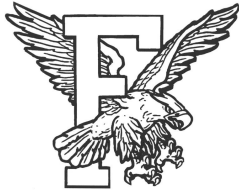


Welcome to the...

7th Annual Ferguson Falcons Invitational



Hosted by: John A. Ferguson Senior High School
15900 SW 56th Street, Miami FL 33185
Saturday - March 8th, 2014

Meet Information:

- * Check in for each running event will begin two events prior to that event being run.
- * Check in will be done with the Clerk of the Course located at the south end of the track.
- * All races are run as timed finals; timed with Fully Automatic Timing & Finish Lynx software.
- * All meet results will be posted on the west dugout wall of the softball field.
- * The Ferguson trainer will be located by the northern gate of the track or on the infield.
- * All NFHS and FHSAA rules will be in effect, please make sure all athletes are in compliance.
- * The top eight (8) places score for all seventeen (17) event areas: 10-8-6-5-4-3-2-1 points.
- * Coaches will be allowed in the competition area during the meet, but all parents, fans and non-competing athletes must remain outside of the fence surrounding the track. During the field events, all spectators can watch the shot put, discus, and high jump from the track.
- * The concession stand will be located near the east bleachers of the softball field.
All coaches will receive a complimentary meal courtesy of the Falcon Booster Club.
- * There are two port-a-potties available at the south end of the facility, past the jumping pits.
There WILL be access to the school for restrooms, only in Building 10, just east of the track.
Please keep in mind that Building 10 is the only part of the school that should be accessed.

Meet Schedule:

- 8:30am- Coaches Meeting, at the finish line by the timing tent.
9:00am- Girls 4x800m relay / Field event athletes should report to their areas and check-in.
9:15am- Boys 4x800m relay / Field event athletes should begin warm-up and get their marks.
9:30am- Field Events begin competing:

First Flights:

Girls- Triple Jump, Pole Vault, Discus Boys- High Jump, Long Jump, Shot Put

Second Flights:

Girls- High Jump, Long Jump, Shot Put Boys- Triple Jump, Pole Vault, Discus

- * Horizontal Jumpers and Throwers will only have three attempts to mark.

Vertical Jumping Event Starting Heights:

Pole Vault:	Girls- 6' 6"	Boys- 9' 6"
High Jump:	Girls- 4' 4"	Boys- 5' 6"

- 9:30am- Start of Consolation races (utilizing official timing, but they are non-scoring)
→ Girls 1600m run, → Boys 1600m run, → Girls 800m run, → Boys 800m run
-We will attempt to run single heats of the 1600m, possibly two heats for the 800m.

- 12:30pm- Running events (rolling schedule)
5:30pm?- Awards Presentation

Awards:

Individual medals will be awarded to the top three finishers in each event.
The Champion and Runner-up Girls and Boys teams will receive trophies.
The Champion Girls and Boys Head Coaches will receive plaques.

Meet Officials:

Meet Director:	Ryan Raposo- Ferguson HS Head Girls & Boys Coach
Meet Timer:	Bob Zell- Track Timing and Data Management
Starting Gun:	Victor Kensler- Ferguson HS Assistant Athletic Director
Trainer:	Laysa Fernandez- Ferguson HS
Announcer:	John Hammontree
Jury of Appeals:	Danny Sanchez- Jensen Beach Victor Arrieta- Belen Jesuit Mark Formosa- Coral Park Tammy Foster- Lourdes Academy Mike Becker- Ransom Everglades
Field Event Judges:	Ferguson Assistants and Alumni
Clerks of the Course:	Ferguson Alumni and Athletes
Concessions:	Ferguson Parents Booster Club

Any questions? Contact:

Coach Ryan Raposo @ 305-788-4232



Ferguson Falcons Invitational All-Time Team Champions:

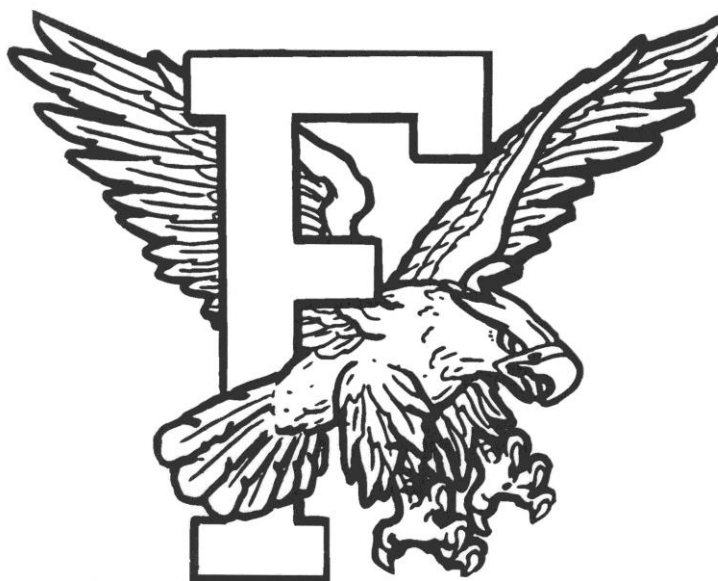
	Girls Team Champions:	Boys Team Champions:
2007:	Coral Reef Barracudas	Christopher Columbus Explorers
2008:	Lourdes Academy Bobcats	Christopher Columbus Explorers
2009:	Lourdes Academy Bobcats	Christopher Columbus Explorers
2011:	John A. Ferguson Falcons	Felix Varela Vipers
2012:	South Dade Buccaneers	South Dade Buccaneers
2013:	John A. Ferguson Falcons	Christopher Columbus Explorers
2014:	???	???

The 2014 Competing Teams:

Belen Jesuit, Christopher Columbus, Community School of Naples, Coral Reef, Coral Park, Doral Academy Charter, Felix Varela, Flanagan, Florida Christian, Golden Gate, Gulliver, Homestead, Jensen Beach, John A. Ferguson, Lourdes Academy, Miami Beach, Miami Killian, Miami Sunset, Naples, Pembroke Pines Charter, Ransom Everglades, Southwest Miami.

Ferguson Falcons Invitational All-Time Girls Records:

Event	Time / Mark	Athlete(s)	School	Date
100 Meter Dash	12.42s	Maya Balfour, 9	Lourdes	3/27/09
200 Meter Dash	24.98s	Lakakyla Harris, 9	American	3/10/12
400 Meter Dash	57.02s	Barbra Vilson, 11	South Dade	3/10/12
800 Meter Run	2:21.01	Corina Velazco, 12	Lourdes	3/09/13
1600 Meter Run	5:11.05	Corina Velazco, 12	Lourdes	3/09/13
3200 Meter Run	11:27.07	Lourdes Brea, 11	Lourdes	3/09/13
100 Meter Hurdles	15.42s	Chenique Mccall	South Dade	3/10/12
300 Meter Hurdles	46.42s	Chenique Mccall	South Dade	3/10/12
High Jump	5' 2"	Cristina Brea, 9	Lourdes	3/24/07
	5' 2"	Barbra Vilson, 11	South Dade	3/10/12
Long Jump	17' 4.75"	Natalie Concepcion, 12	Ferguson	3/10/12
Triple Jump	37' 2.75"	Barbra Vilson, 11	South Dade	3/10/12
Shot-put	37' 6"	Brandy Smith, 12	Ransom	3/09/13
Discus	124' 4"	Brandy Smith, 12	Ransom	3/09/13
Pole Vault	10' 0"	Alina Anderson, 12	Gulliver	3/09/13
4x100 Meter Relay	49.84s	1 Shayna Gonsalvez, 12 2 Ryneria Johnson, 10 3 Pledneashi Davis, 11 4 Rashe Boynton, 12	South Dade	3/10/12
4x400 Meter Relay	3:57.52	1 Barbra Vilson, 11 2 Tiesha Collier, 10 3 Dominique Bullock, 10 4 Brianna Payne, 10	South Dade	3/10/12
4x800 Meter Relay	9:38.77	1 Rachel Licea, 11 2 Stephanie de la Guarda, 10 3 Emily Hernandez, 10 4 Aylwyn Hernandez, 9	Ferguson	3/10/12



Ferguson Falcons Invitational All-Time Boys Records:

Event	Time / Mark	Athlete(s)	School	Date
100 Meter Dash	10.64s	Carlos Reyna, 12	Columbus	3/22/08
200 Meter Dash	21.89s	Tyrell Hemmingway, 11	Columbus	3/27/09
400 Meter Dash	49.65s	Calvin Jean, 12	Barron Collier	3/09/13
800 Meter Run	2:00.47	Carl Frederick Janvier, 12	Varela	3/10/12
1600 Meter Run	4:25.88	Avery Lopez, 12	Belen	3/09/13
3200 Meter Run	9:36.68	Avery Lopez, 12	Belen	3/09/13
110 Meter Hurdles	15.18s	Dekahri Dawkins, 12	South Dade	3/10/12
300 Meter Hurdles	40.81	Eric Lora, 11	Columbus	3/22/08
High Jump	6' 4.25"	Eric McMillan, 11	Ferguson	3/22/08
Long Jump	23' 0"	Gary Bush, 12	Columbus	3/27/09
Triple Jump	45' 8.25"	Davon Clark, 11	Coral Reef	3/10/12
Shot-put	60' 0.5"	Michael Putman, 12	Columbus	3/24/07
Discus	158' 4"	Michael Putman, 12	Columbus	3/24/07
Pole Vault	13' 0"	Steven De Nicola, 12	Coral Gables	3/12/11
4x100 Meter Relay	42.74s	1 Alexander Kelsey, 11 2 Jesus Wilson, 12 3 Keaon Roberts, 12 4 Amir Rasul, 9	Columbus	3/09/13
4x400 Meter Relay	3:28.64	1 Darius Fortune, 10 2 Darren Fortune, 10 3 Aaron Bethel, 12 4 Ari Cogdell, 9	American	3/10/12
4x800 Meter Relay	8:04.86	1 Sneyder Crespo, 12 2 Arthur Alcuria, 11 3 Carl Frederick Janvier, 12 4 Daniel Camous, 11	Varela	3/10/12

