

TRACK

NFHS TRACK AND FIELD

PROPERLY EQUIPPED CERTIFICATION

Rule 3-4-8 ~ National Federation Rule Book

Prior to the start of the meet, the head coach shall be responsible for verifying to the referee/starter that all of his/her competitors are properly equipped (uniform, and no jewelry) in compliance with these rules. Any questions regarding legality shall be prior to the start of the meet.

I hereby certify that my team is properly and legally equipped (Including ~~uniform~~ and does comply with rule 4-3 (Competitor's Uniform) of the National Federation Track and Field Rule Book.

School _____ Boys _____ Girls _____

Coach _____

Date _____

SPORTSMANSHIP CERTIFICATION

Rule 3-4-8 ~ National Federation Rule Book

All contestants are expected to exhibit GOOD SPORTSMANSHIP Throughout the meet.

I hereby certify that proper sportsmanship has been discussed with My team.

School _____ Boys _____ Girls _____

Coach _____

Date _____

COMPLETE THIS FORM AND TURN IT INTO THE MEET DIRECTOR OR HIS DESIGNEE.