Canton Academy 2-AAA Jr High Championships April 16th @ Canton

Coaches meeting at 9:00 at infield tent, We will weigh shots and discus at this time.

Coaches, we will be using mile split ms to register for this meet as we will have Pirate Timing running off this meet for us. You must enter athletes on Milesplit, do not send me entry forms.

Cost will be \$100.00 per school to pay for Pirate timing, checks need to be made out to Canton Academy Track and brought to the meet.

**** REMINDER-YOU CAN ENTER 2 ATTACHED ATHLETES IN ALL EVENTS EXCEPT RELAYS*****

Schedule of events 10:00 A.M. Pole Vault JHG / JHB

10:00 JHB Shot Put JHB High Jump JHG Discus JHG Long jump

10:45 JHG Triple Jump JHB Long Jump JHG Shot Put

11:30 JHB Discus JHB Triple Jump JHG High Jump

12:30-300 Hurdles (Rolling Schedule After we start w breaks as needed)

4x200 Relay 4x 800 Relay Girls 4x100 Relay 4x800 Relay Boys 100/110 Hurdles 100m Dash 1600m 400m 800m

200m 3200 JHB 4x400 Relay

Trophy Presentations District 2-AAA

- We will need Coaches from Each School represented to help w/ field events
- National federation rules apply except where amended by AAC handbook
- Athletes can be in 3 individual and 3 team events
- Please no outside coolers or drinks we will have a concession stand
- Admission is \$6:00
- Buses only can park at field house, no cars.
- No unattached during this meet
- No tents on asphalt unless area is wet.
- Event winners will be announced after each race is completed, ribbons will be given at that time.
- Opening heights will be discussed at coaches meeting
- Schools please have someone available from your school to hold blocks for your team. And remember our track is asphalt, spikes not suggested.

We will build in breaks as needed for our athletes since it is only our district running.

District 2-AAA

Canton Winston Starkville Heritage