

2nd Annual Dallas County Hornet Invitational

Tuesday, April 16, 2013

Coaches Meeting: 9:15 a.m.

Start: 10 a.m.

- MEET DIRECTOR INFO:** Coach Robert Dolbare
Dallas County High School, 335 5th Avenue, Plantersville, AL 35404
Cell: (205) 242-2685 **School:** (334) 366-2232
Email: rdolbare@dallask12.org
- FACILITIES:** 8-Lane Track, 1/4 inch spikes maximum, Multi-directional runways
- MEET CONDUCTION:** All individual running events will be held as finals on time. We will seed according to entry times. Please be as honest as possible. In the LJ, TJ, SP, DT and JT, we will give all athletes 3 attempts with the top 9 making the finals for an additional 3 attempts.
- MEET RULES:** The meet will be conducted under National High School Federation rules and in accordance with the Alabama High School Athletic Association spring sports book.
- ENTRY FEE:** \$5 per individual entry and \$5 per relay team.
- PAYMENTS:** We will accept race day payments. Checks or cash only. Please make checks payable to Dallas County High School.
- ENTRY DEADLINE:** All entries will be done online at al.milesplit.com (Alabama Runners) and must be entered by Sunday, April 14 at midnight. Absolutely no exceptions!
- ENTRY RULES:** Teams may have unlimited entries; only the top three individuals per school will be scored in individual events and only one relay team per school in the relay events. Each athlete may participate in a maximum of 4 events.
- ADMISSION:** Admission for spectators will be \$6.
- CONSESSIONS:** There will be concessions sold throughout the event.
- TIMING:** Xpress Timing (Dan Passen & team)
- SCORING:** Team scoring will be 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1 for all events.
- HEAT SHEETS:** Performance lists will be available online at al.milesplit.com prior to the start of the meet. Heat sheets will be available for coaches prior to the start of the meet. Coaches - a full set of results will be available online at al.milesplit.com.
- AWARDS:** Plaques will be given to first, second and third place teams overall. Ribbons will be given to the top three places in all events, including relays.



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Field events will begin at 10 a.m.
Track events will begin at 10:30 a.m.

Track Events	Field Events
4x800	Javelin - Girls, Boys
4x100	Long Jump - Girls, Boys
400	Triple Jump - Boys, Girls
1600	Shot Put - Girls, Boys
100/110 Hurdles	Disc - Boys, Girls
100	High Jump - Boys, Girls
800	
200	
300 Hurdles	
3200	
4x400	