

HURRICANE INVITATIONAL/

SOUTH FLORIDA HIGH SCHOOL INVITATIONAL

March 17-18th, 2017 University of Miami - Coral Gables, FL

**SOUTH FLORIDA INVITATIONAL**

**FRIDAY, MARCH 17TH**

9:15 AM COACHES MEETING

***FIELD EVENTS***

10:00 AM SHOT PUT- GIRLS/BOYS TO FOLLOW

 DISCUS THROW-BOYS/ GIRLS TO FOLLOW

LONG JUMP-BOYS/ TRIPLE JUMP TO FOLLOW

LONG JUMP-GIRLS/TRIPLE JUMP TO FOLLOW

POLE VAULT- BOYS/GIRLS TO FOLLOW

12:30 PM HIGH JUMP- GIRLS/BOYS TO FOLLOW

***RUNNING EVENTS PRELIMS (GIRLS/BOYS)***

***(TOP 8 ADVANCE TO THE FINALS)***

10:00 AM 4X800M RELAY (FINAL)

11:00 AM 100/110 HURDLES

11:30 AM 100M DASH

11:45 AM 1600M RUN UNSEEDED (FINAL)

12:15 PM 4X100M RELAY

12:30 PM 400M DASH

1:00 PM 300M HURDLES

1:25 PM 200M DASH

***RUNNING EVENTS FINALS (GIRLS/BOYS)***

***ROLLING SCHEDULE)***

3:00 PM 100/110 HURDLES

 100M DASH

 1600M RUN SEEDED

 4X100M RELAY

 400M DASH

 300M HURDLES

 800M RUN

 200M DASH

 3200M RUN

 4X400M RELAY

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**HURRICANE INVITATIONAL**

**FRIDAY, MARCH 17TH**

***FIELD EVENTS***

2:00 PM HAMMER THROW-MEN/WOMEN TO FOLLOW

4:00 PM POLE VAULT- MEN/ WOMEN TO FOLLOW

***RUNNING EVENTS***

7:00 PM 5,000m RUN- WOMEN

7:30 PM 5,000m RUN- MEN

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**SATURDAY, MARCH 18th**

***FIELD EVENTS***

10:00 AM JAVELIN THROW- MEN/WOMEN TO FOLLOW

12:00 PM HIGH JUMP-WOMEN

 SHOT PUT- WOMEN

DISCUS-MEN

LONG JUMP-MEN

LONG JUMP- WOMEN

2:30 PM HIGH JUMP-MEN

DISCUS- WOMEN

SHOT PUT- MEN

TRIPLE JUMP- MEN

TRIPLE JUMP- WOMEN

***RUNNING EVENTS***

1:00 PM 4 x 100M RELAY-WOMEN

1:05 PM 4 x 100M RELAY- MEN

1:15 PM 100M HURDLES- WOMEN

1:30 PM 110M HURDLES- MEN

1:45 PM 400M DASH- WOMEN

2:00 PM 400M DASH- MEN

2:15 PM 100M DASH- WOMEN

2:30 PM 100M DASH- MEN

2:45 PM 800M RUN- WOMEN

3:00 PM 800M RUN- MEN

3:15 PM 400M HURDLES- WOMEN

3:25 PM 400M HURDLES-MEN

3:40 PM 200M DASH- WOMEN

3:55 PM 200M DASH- MEN

4:15 PM 1,500M RUN- WOMEN

4:30 PM 1,500M RUN- MEN

4:40 PM 4 x 400M RELAY-WOMEN

4:50 PM 4 x 400M RELAY- MEN



HURRICANE INVITATIONAL

March 17-18th, 2017 University of Miami - Coral Gables, FL

**FACILITY**

Beynon Track Surface: 8 – 42” Lanes: 4 LJ, TJ Runways, 2 PV, HJ Areas: Maximum spike length ¼”.

**MEET CONDUCT**

All track events will be run as finals against time. All field events, except high jump and pole vault, will be contested in flights with three trials and nine advancing to the finals. In the finals, each competitor will receive three additional attempts. HJ/PV will be run in continual flights.

NCAA rules will be in effect.

**ENTRY INFORMATION**

**No FAX or PHONE** entries will be accepted. Entries must be submitted through Direct Athletics. Please see enclosed instructions. Each school should already have a username and password. **All entries must be received no later than 1:00pmEST Tuesday, March 14th 2017.** **ONLY COLLEGIATE ATHLETES WILL BE ALLOWED TO COMPETE.**

**UNATTACHED ENTRIES**

**NO UNATTACHED ATHLETES will be allowed to compete in the HURRICANE INVITATIONAL.**

**ENTRY FEES**

* $300.00 per team.
* $30 per athlete
* Checks can be made out to **University of Miami**

#### PACKET PICK- UP

Packets will be available beginning one hour prior to the first event of the meet.

Packets can be picked up at the Knight Sports Complex. Packets will include heat sheets and coaches’ passes.

#### EVENT CHECK – IN

* Running event participants must check-in with the meet clerk of the course, no later than 30 minutes prior to the start of the scheduled event.
* Field event participants must report to the event site no later than 30 minutes prior to the start of the scheduled event or they will be scratched.

#### WARM – UP AREAS

All warm-ups **must** be conducted on the fields adjacent to the track.

#### IMPLEMENT WEIGH – IN

All Implements must be checked-in and impounded at the designated times at the Implement Weigh-In Area, located in the **James L. Knight Sports Complex at the NE corner of the track**. Uncertified implements will be impounded and released following the event.

**Javelin and Hammer: Friday, 12:00-3:30pm**

**Discus and Shot: Saturday, 11:30-2:00pm**

#### TENT INFORMATION

We are encouraging teams to bring or rent a tent this year our tent vendor is listed below.

DIAMONETTE PARTY RENTAL

11091 NW 27th Street / Suite 100 Doral, FL 33172  Tel: 305.592.1223 Fax: 305.593.1038 info@diamonette.com

**For Any Other Meet Information Contact Coach Herston-** mkherston@miami.edu