



HURRICANE INVITATIONAL HIGH SCHOOL DIVISION

March 16, 2018 University of Miami - Coral Gables, FL

HURRICANE INVITATIONAL (HIGH SCHOOL DIVISION) FRIDAY, MARCH 16TH

9:30 AM HIGH SCHOOL COACHES MEETING

FIELD EVENTS

10:00 AM DISCUS THROW-BOYS/ GIRLS TO FOLLOW
LONG JUMP-BOYS/ TRIPLE JUMP TO FOLLOW
LONG JUMP-GIRLS/TRIPLE JUMP TO FOLLOW
POLE VAULT- BOYS/GIRLS TO FOLLOW

1:30 PM HIGH JUMP- GIRLS/BOYS TO FOLLOW
SHOT PUT- GIRLS/BOYS TO FOLLOW

RUNNING EVENTS PRELIMS (GIRLS/BOYS) (TOP 8 ADVANCES TO THE FINALS)

11:00 AM 4X800M RELAY (FINAL)

12:00 PM 100/110 HURDLES
100 M DASHES
4X100M RELAY
400 M DASHES
300M HURDLES
200 M DASHES

RUNNING EVENTS FINALS (HIGH SCHOOL DIVISION)

3:00 PM 100HURDLES-GIRLS
3:05PM 110 HURDLES-BOYS
3:10PM 100 M DASHES-GIRLS
3:15PM 100 M DASHES-BOYS
3:20PM 1600M RUN-GIRLS
3:35PM 1600M RUN-BOYS
3:50PM 4X100M RELAY-GIRLS
3:55PM 4X100M RELAY-BOYS
4:00PM 400 M DASHES-GIRLS
4:05PM 400 M DASHES-BOYS
4:10PM 300M HURDLES-GIRLS
4:20PM 300M HURDLES-BOYS
4:30PM 800M RUN-GIRLS
4:45PM 800M RUN-BOYS
5:00PM 200 M DASHES-GIRLS
5:05PM 200 M DASHES-BOYS
5:10PM 3200M RUN- GIRLS
5:30PM 3200M RUN-BOYS
5:45PM 4X400M RELAY-GIRLS
6:00PM 4X400M RELAY-BOYS

HURRICANE INVITATIONAL FRIDAY, MARCH 16TH FIELD EVENTS

1:00 PM DISCUS THROW- MEN/WOMEN TO FOLLOW
4:00 PM HAMMER THROW-MEN/WOMEN TO FOLLOW

3:00 PM POLE VAULT- MEN/ WOMEN TO FOLLOW
5:00PM HIGH JUMP-WOMEN/ MEN TO FOLLOW

RUNNING EVENTS

7:00 PM 5,000m RUN- WOMEN
7:30 PM 5,000m RUN- MEN

SATURDAY, MARCH 17th FIELD EVENTS

12:00 PM SHOT PUT- WOMEN
JAVELIN-MEN
LONG JUMP-MEN
LONG JUMP- WOMEN

2:30 PM JAVELIN- WOMEN
SHOT PUT- MEN
TRIPLE JUMP- MEN
TRIPLE JUMP- WOMEN

RUNNING EVENTS(UNIVERSITY DIVISION)

1:00 PM 4 x 100M RELAY-WOMEN
1:05 PM 4 x 100M RELAY- MEN
1:15 PM 100M HURDLES- WOMEN
1:30 PM 110M HURDLES- MEN
1:45 PM 400M DASH- WOMEN
2:00 PM 400M DASH- MEN
2:15 PM 100M DASH- WOMEN
2:30 PM 100M DASH- MEN
2:45 PM 800M RUN- WOMEN
3:00 PM 800M RUN- MEN
3:15 PM 400M HURDLES- WOMEN
3:25 PM 400M HURDLES-MEN
3:40 PM 200M DASH- WOMEN
3:55 PM 200M DASH- MEN
4:15 PM 1,500M RUN- WOMEN
4:30 PM 1,500M RUN- MEN
4:40 PM 4 x 400M RELAY-WOMEN
4:50 PM 4 x 400M RELAY- MEN



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ENTRY FEES

High School Division

- \$150.00 per gender team.
- \$15.00 per athlete
- Checks can be made out to **Teon Elite Track Club- Attn: Greg Barnes**
- All teams must be registered and meet entry paid on site to be able to participate. **NO EXCEPTIONS!!!**

FACILITY

Beynon Track Surface: 8 – 42” Lanes: 4 LJ, TJ Runways, 2 PV, HJ Areas: Maximum spike length ¼”.

MEET CONDUCT

All track events will be run as finals against time. All field events, except high jump and pole vault, will be contested in flights with three trials and nine advancing to the finals. In the finals, each competitor will receive three additional attempts. HJ/PV will be run in continual flights. NCAA rules will be in effect.

ENTRY INFORMATION

Entries must be submitted through Direct Athletics. Please see enclosed instructions. Each school should already have a username and password. **All entries must be received no later than 5:00pmEST Wednesday, March 7th 2018.**

Three (3) entries per team per event, and One (1) relay per team.

ONLY HIGH SCHOOL ATHLETES WILL BE ALLOWED TO COMPETE.

PACKET PICK- UP

Packets will be available beginning one hour prior to the first event of the meet.

Packets can be picked up at the Knight Sports Complex. Packets will include heat sheets and coaches' passes.

EVENT CHECK – IN

- Running event participants must check-in with the meet clerk of the course, no later than 30 minutes prior to the start of the scheduled event.
- Field event participants must report to the event site no later than 30 minutes prior to the start of the scheduled event or they will be scratched.

WARM – UP AREAS

All warm-ups **must** be conducted on the fields adjacent to the track.

IMPLEMENT WEIGH – IN

All Implements must be checked-in and impounded at the designated times at the Implement Weigh-In Area, located in the **James L. Knight Sports Complex at the NE corner of the track**. Uncertified implements will be impounded and released following the event.

Discus and Shot: Friday, 8:30am-12:30pm

ADDRESS TO FACILITY

**University of Miami Cobb Stadium
5821 San Amaro Drive
Coral Gables, FL 33146**