

SUFFERN TRACK AND FIELD INVITATIONAL

FRIDAY, JANUARY 3, 2014

4:30 PM

ORDER OF EVENTS

	1500 m racewalk		On the Infield
	3200 m run		
	3000 m run		Girls' 55 m dash
	1000 m run (B, G)		Boys' 55 m HH
	600 m run (B,G)		Boys' 55 m dash
	1600 m run		Girls' 55 m HH
	1500 m run		(above events-trials, semis, finals)
	300 m run (B, G)		
	3200 m relay (B, G) Final on Time		
	800 m relay (B, G) Final on Time		
	1600 m relay (B,G) Final on Time		
	Field Events		
	Shot Put (G, B) 7 to final		3 entries per school
	Long Jump (G, B) 3 jumps, no final		3 entries per school
	Triple Jump (B, G) 3 jumps, no final		3 entries per school
	High Jump (Boys and Girls)		3 entries per school
	Pole Vault (B, G)		3 entries per school

Entries close Tuesday, December 31, 2013

Entry limitations: On the track, five per event per school, one relay per school.