“DREAM BIG ATHLETICS INC. PRESENTS ***WARWICK’S 18th Annual FAST TIMES RELAYS”***

PUT US ON YOUR SPRING TRACK CALENER AND JOIN THE **FUN** “UNDER THE LIGHTS”

**Tuesday May 29, 2012**

Warwick Valley High School Olympic Track 6:15pm-9:30pm

**F**ully **A**utomated **T**iming once again will be present at our 18th running of the “Warwick Fast Times Relays”! Our EUROTAN ML surface by SOUTHTWEST RECREATION is newly resurfaced and is lightning fast and our music and awards are top notch. This meet is one of the highest quality meets in the U.S.A.! The stadium will again be packed full with our good old fashion “TRACK NUTS” cheering and screaming for “FAST TIMES” all night. (*Sanctions Applied for NY-NJ-PA-CT*)

**ONLY FIELD EVENTS**:

**HIGH JUMP**--**SHOT PUT--INVITATIONAL POLE VAULT**

**1 competitor per school/Field event, except Pole Vault will take Top 12 in each gender only(see entry procedure below for Pole Vault)** (Exceptional 2nd Athletes: Coaches please inquire with Meet Director Ex: HJ 6’/5’(b/g) SP 44’/31’(b/g)

**ALL EVENTS START AT 6:15PM SHARP!**\***2 teams per school/per Running event**

***Order of Running Relays***

4x100 (Girls, seeded last)

4x100 (Boys, seeded last)

4x800 (Girls unseeded)

4x800 (Boys unseeded)

4x800 (Girls Championship Section)

4x800 (Boys Championship Section)

Elite Open Men’s Mile

Elite Open Womens Mile

4x400 (Girls, seeded last)

4x400 (Boys, seeded last)

**Meet Records**

***Boys***

**400 RELAY 41.5 CAMDEN, NJ (Young-Ruff-Morris-Smith)**

**1600 RELAY 3:12.7 CAMDEN, NJ (Young-Ruff-Smith-Morris)**

**3200 RELAY 7:36.43 WARWICK HS, NY(Armand-Ramirez-Paez-Luthin)**

**POLE VAULT 16’3” Jordan Yamoah, Arlington HS, NY**

**HIGH JUMP 6’9” Alex Bowen, Beacon HS, NY**

**SHOT PUT 59’2” John Hickey, TAPPAN ZEE, NY**

**OPEN MILE 4:00.26 Stephen Furst, Adidas Raleigh**

**OPEN HJ 6’11” Garrett Huylet, CORNELL UNIV**

***Girls***

**400 RELAY 48.27 Newburgh, NY (McCaskill-Little-Jacobs-Mitchell)**

**1600 RELAY 3:51.48 WARWICK HS, NY (Pettit-Pennings-Jados-Greibesland)**

**3200 RELAY 8:51.0 SUFFERN, NY (Goldman-Greany-Heidt-McKenna)**

**POLE VAULT 12’6” Stephanie Duffy, WASHINGTONVILLE, NY**

**HIGH JUMP 5’8” Carin Knight NEW ROCHELLE, NY**

**SHOT PUT 39’10” Dana White, CAMDEN, NJ**

**OPEN MILE 4:50.0 Julie Littman, WESTCHESTER TC**

**OPEN VAULT 15’2” Jen Stuczyski SHUR SPORTS**

***ENTRY PROCEDURES***

1. Create an account for your team on [www.onlineentries.com](http://www.onlineentries.com) if you have not done so already. Save your Account Info.
2. Beginning May 18th Fast Times Meet will be Open for entry for all events except Pole Vault at [www.onlineentries.com](http://www.onlineentries.com). Submit your Roster and Entries for Fast Times Relays (Please use accurate Seed Times) and only submit 4 names per relay. Entries will close Fri May 25th @ Midnight
3. *For Pole Vault consideration*, email Tim Fulton at tim@armorytrack.com between May 10-May 23 with your athletes Name, Gender, School and Performance with Verification Link to results. The top 12 accepted athletes per gender ONLY will be accepted. The final accepted list will be posted at: http:www.armorytrack.com and www.finishright.com no later than May 24. Do not bring your athlete for PV if not accepted.
4. Entries for all other events will be posted at [www.finishright.com](http://www.finishright.com) sometime Memorial Day weekend. If your entries do not appear please email Glen Wolin @ finish@nycap.rr.com or call 518-312-0886

***SPECIAL NOTE FOR COACHES:***

- New Start Time for all Events of 6:15pm. Please arrive accordingly

- Order of Running events same as 2011

- 4x100 teams please enter an accurate seed time. I do not want to be dealing with nonsense on the day of the meet. I trust you will do the right thing.

- New Pole Vault Entry Procedure and Policy (See above)

- Please DO NOT ENTER a 3rd relay team if you CANNOT hit the above standard with that relay. This is a high quality meet; NOT intended for novice athletes.

- Shot Put may use 2 circles; boys and girls going at same time

- Do not call me on meet day regarding the weather. I am busy. If severe weather holds us out we will try to delay the meet until it clears. If weather prevents us from competing that evening, there is no make up date available. Any postponement announcement will be posted on Armorytrack website only at http://www.armorytrack.com

-Do not call me for directions. The same coaches call every year for the past 18 years and still don’t know how to get here. Use GPS and punch in 89 Sanfordville Road Warwick, NY 10990 and listen for the music!

-We look forward to hosting you once again and best of luck this spring season.

1. Check Payable to*:* ***Dream Big Athletics Inc***. For your business office, Dream Big Athletics Inc is a Non-Profit Organization EIN # 26-1354444
2. Mail Completed Entry (below) with Payment Voucher to:

*Dream Big Athletics Inc.*

*24 Brittany Drive*

*Middletown, NY 10940*

Name of School\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Boys\_\_\_\_\_ Girls\_\_\_\_\_\_

School Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Coach Name and Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coach E-Mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Please Indicate Number of Entries***

**Boys**: 3200m Relay\_\_\_\_\_\_\_\_\_ 1600m Relay\_\_\_\_\_\_\_\_\_\_ 400m Relay\_\_\_\_\_\_\_\_\_\_\_

**Boys**: Shot Put\_\_\_\_\_\_\_\_\_\_\_\_ Pole Vault\_\_\_\_\_\_\_ \_\_\_ High Jump\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Girls**: 3200m Relay\_\_\_\_\_\_\_\_\_\_ 1600m Relay\_\_\_\_\_\_\_\_\_\_ 400m Relay\_\_\_\_\_\_\_\_\_\_\_\_

**Girls**: Shot Put\_\_\_\_\_\_\_\_\_\_\_\_ Pole Vault\_\_\_\_\_\_\_\_\_\_\_\_\_ High Jump\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Entry Fee:$\_\_\_\_\_\_\_\_\_\_\_\_\_

***Fees***: Blanket Entry is **$230** ($115 for Boys/$115 for Girls) **or** $25 per relay/$15 Indiv.

\*Teams may enter a 3rd relay@ $25 extra if they legitimately can run under:

3200mr: 8:15/10:00 (b/g) 1600mr: 3:30/4:15(b/g) 400mr: 45.0/55.0 (b/g)

Any Questions Please Contact Meet Director Mike Potter at 845-987-6997 or via email wvxctf@gmail.com with the title “Fast Times” in your subject

***\*Medals Top 5 in each Event\****

**AWARDS TOP 5 IN ALL HIGH SCHOOL EVENTS**

***Come join one of the Greatest Relay Meets in the United States***

***Where athletes run fast at “Fast Times”***