

February 1, 2012

Dear Coach:

The Cherry Valley-Springfield Track and Field Team will once again be sponsoring **three** invitationals this spring.

On Friday, **May 11, 2012**, we will be holding our Twelfth Invitational. Once again, this year the Invitational will be named the Kyle "Toot" Hysack Invitational in honor of our student athlete and member of the Class of 2008 Kyle Hysack that passed away in 2009. This year we will continue the tradition and host an under the lights night meet. We will reserve a rain date of Saturday, May 12th – incase weather cancels the meet, we should be able to get it in on Saturday. This year the meet will begin at 4:30 and end under the lights. The cost will be **\$75.00** per team or **\$120.00** per school if you send both your boys and girls teams. There will be awards given for the top eight places in each event, trophies given for athlete of the meet, top track performer, and top field performer, and the Kyle Hysack Will-To Win Athlete Award as well as trophies to the top 3 teams.

On **Monday, April 30, 2012**, we will be holding our Eleventh Annual Relay meet. This event will also be ending "under the lights". We will begin at 4:30. There will be medals awarded for the top three places and ribbons for the next 3 places in each event and trophies to the top 3 teams. The cost of this event will be **\$65.00** per team or **\$100.00** if you send both your boys and girls teams.

On **Friday, May 18, 2012**, we will be holding our Eleventh Modified Invitational. This event begins at 4:30. The cost will be \$70.00 per school. There will be ribbons for the top 6 places in each event. Trophies will be given to the top 3 teams and to a male and female athlete of the meet.

If you are planning to attend please send the commitment sheet and a school claim form to Coach Melissa Jaquay by **March 20, 2011**. Thank you very much and we look forward to seeing you on the track. If you have questions please call Melissa Jaquay's cell 607-435-0151 or better yet, email her at mjaquay@cvsos.org please feel free to share this invitational information with any coaches or Athletic Directors in your league and have them call if they are interested.

Please email or contact us as soon as possible with what meets you can and cannot attend to assist us with planning and ordering trophies and other items.

Sincerely,

Melissa Jaquay
Invitational Coordinator
Track and Field Asst. Coach

The _____ team is planning to attend the 11th Annual CV-S Invitational on **Friday, May 11, 2012.**

_____ Boys only (\$75.00)

_____ Girls only (\$75.00)

_____ Both Girls and Boys (\$120.00)

The _____ team is planning to attend the 10th Annual CV-S Relay Invitational on **Monday, April 30, 2012.**

_____ Boys Team (\$65.00)

_____ Girls Team (\$65.00)

_____ Both Boys and Girls Teams (\$100.00)

** _____ Bonus rate for sending your teams to both the Varsity Invy and Relay Meet - \$180.00 (Both Boys and Girls)
\$120.00 (Either the Boys team to both or the Girls team to both).

The _____ team is planning to attend The 10th^h Annual CV-S Modified Invitational on **Friday, May 18, 2012.**

_____ \$70.00 per school

Total Amount: _____ for the following meets: _____

Boys Coach: _____ email: _____

Girls Coach: _____ email: _____

Athletic Director: _____ email: _____

Please include at least one email contact. Last year we found email worked much better than mail or phone messages

Number we can reach you at: _____ (school)
_____ (home or cell)
_____ (in case of inclement weather)

Please return this form and a school claim form to:

607-264-3265 ext 236 (school)

607-435-0151 (cell)

607-264-3340 (home)

Melissa Jaquay @ CVSCS

PO Box 485

Cherry Valley, NY 13320

You may also email confirmation and questions to: mjaquay@cvscs.org

CV-S RELAY INVITATIONAL

Monday, April 30, 2012

Order of Events

Girls Running Events Followed by Boys Running Events

- 1) High Hurdle Relay – 2 Hurdlers – Times Combined
- 2) Medley Relay (100m -100m - 200m - 400m)
- 3) 4 x 1600 m Relay **Boys and Girls Run at same time
- 4) 4 x 100 Relay
- 5) 4 x 400 Relay
- 6) 4 x 800 Relay
- 7) Intermediate Hurdle Relay – 2 Hurdlers – Times Combined
- 8) 4 x 200 Relay
- 9) Weight Throwers Relay (4x100)
Named the 3rd Annual Kyle “Toot” Hysack “Fatman” Relay
Athletes Must Be Throwing in the Meet
- 10) Distance Medley Relay (800m – 400m – 1200m- 1600m)
- 11) Sprint Medley Relay
(200m - 200m - 400m - 800m) Girls
(400m – 200m – 200m – 800m) Boys

Field Events (LJ, TJ, Discus, SP)

3 Tries per person, two people per team
Best effort of each competitor added together
Tie Breaking – best combined 2nd jumps/throws

High Jump

Two attempts @ each height
3-inch intervals up to 5 feet starting at 3 feet 9 inches
Tie Breaking – fewest total misses

Pole Vault

(Pole Vault Verification Sheets must be presented)
Two attempts @ each height
6 inch intervals up to 10 feet starting @ 6 feet
Tie breaking – fewest total misses

Coaches Meeting at 4:30

PLEASE HAND IN YOUR EVENT CARDS AS SOON AS YOU ARRIVE!!

Each Relay Team needs athlete names, event and seed time

