Suffolk County Track Officials Association Cross Country Invitational, Saturday, October 14, 2017

ENTRY FEE: $130 per team-unlimited number of runners per team, $20 per individual runner
NOTE: Boys and girls are considered separate entry fees. Maximum entry fee is $130 for boys and $130 for girls.

AWARDS: Long sleeve tee shirts to the top 12 finishers in each Varsity race. Medals to the top 50 finishers in each Varsity race, medals to the top 20 finishers in all other races. Ribbons to all other finishers.
Team plaques to the top five teams in each Varsity race, first place plaques in JV & Frosh.

TIME SCHEDULE:

Girls JV	10:00	Boys Frosh	11:25
Girls Varsity	10:35	Boys Varsity	11:45
Girls Frosh	11:05	Boys JV	12:10

GENERAL INFORMATION:

1. JV runners will run the same 5K course as Varsity runners.
2. Frosh will run a 1.5 mile course over the bridge.
3. The nearest hotels are the Radisson Hotel in Hauppauge and Hampton Inn LI in Commack. These hotels are approximately 10 minutes from the park.
4. Long sleeve custom tee shirts and sling back-packs will be on sale.
5. Team must first be entered in varsity race before entering JV.
6. Toll at Sunken Meadow State Park bus entry fee is $35 with state permit, and $75 without state permit. (apply to state parks for a permit a few weeks ahead at (631) 321-3515)
   *This meet is sanctioned for all of New York State.

SCHOOL NAME _____
SCHOOL ADDRESS _____
COACH'S NAME & HOME PHONE _____ _____
COACH'S HOME ADDRESS _____
COACH'S E-MAIL ADDRESS _____

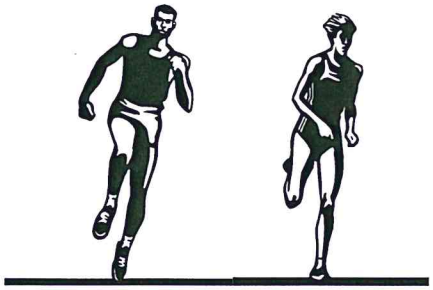
All rosters must be submitted on-line by October 10, 2017

www.just-in-time-racing.com

Enter the number of runners in each race/**Be accurate as possible!!**

Girls		**Boys**	
JV runners	# _____ (unlimited)	Frosh runners	# _____ (unlimited)
Varsity runners	# _____ (7 Max)	Varsity runners	# _____ (7 Max)
Frosh Runners	# _____ (unlimited)	JV runners	# _____ (unlimited)

On-line entry and paper entry are both due by October 10, 2017
****CHECK or VOUCHER MADE OUT TO (Suffolk Track Officials Assn.)**
An entry requires payment: even if team does not show up.
Please mail paper entry to: Glen Peterson, 466 Hunter Ave. West Islip, NY, 11795
Phone 631 422-5169, cell 631 398-6331
Email cpetersonm@gmail.com



Suffolk County Track Officials Association Cross Country Invitational, Saturday, October 7, 2017

ENTRY FEE: $130 per team-unlimited number of runners per team, $20 per individual runner
NOTE: Boys and girls are considered separate entry fees. Maximum entry fee is $130 for boys and $130 for girls.

AWARDS: Long sleeve tee shirts to the top 12 finishers in each Varsity race. Medals to the top 50 finishers in each Varsity race, medals to the top 20 finishers in all other races. Ribbons to all other finishers.
Team plaques to the top five teams in each Varsity race, first place plaques in JV & Frosh.

TIME SCHEDULE:

Girls JV	11:00	Boys Frosh	12:25
Girls Varsity	11:35	Boys Varsity	12:45
Girls Frosh	12:05	Boys JV	1:10

GENERAL INFORMATION:

1. JV runners will run the same 5K course as Varsity runners.
2. Frosh will run a 1.5 mile course over the bridge.
3. The nearest hotels are the Radisson Hotel in Hauppauge and Hampton Inn LI in Commack. These hotels are approximately 10 minutes from the park.
4. Long sleeve custom tee shirts and sling back-packs will be on sale.
5. Team must first be entered in varsity race before entering JV.
6. Toll at Sunken Meadow State Park bus entry fee is $35 with state permit, and $75 without state permit. (apply to state parks for a permit a few weeks ahead at (631) 321-3515
   *This meet is sanctioned for all of New York State.

SCHOOL NAME _____
SCHOOL ADDRESS _____
COACH'S NAME & HOME PHONE _____ _____
COACH'S HOME ADDRESS _____
COACH'S E-MAIL ADDRESS _____

All rosters must be submitted on-line by October 3, 2017

www.just-in-time-racing.com

Enter the number of runners in each race/**Be accurate as possible!!**

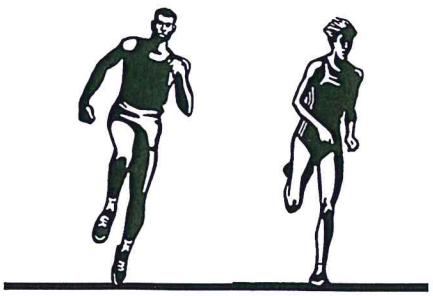
Girls		**Boys**	
JV runners	# _____ (unlimited)	Frosh runners	# _____ (unlimited)
Varsity runners	# _____ (7 Max)	Varsity runners	# _____ (7 Max)
Frosh Runners	# _____ (unlimited)	JV runners	# _____ (unlimited)

On-line entry and paper entry are both due by October 3, 2017

****CHECK or VOUCHER MADE OUT TO (Suffolk Track Officials Assn.)**

An entry requires payment: even if team does not show up.

Please mail paper entry to: Glen Peterson, 466 Hunter Ave. West Islip, NY, 11795

Phone 631 422-5169, cell 631 398-6331

Email cpetersonm@gmail.com