

REGION 6AA BOYS & GIRLS' TRACK & FIELD CHAMPIONSHIPS

SCHEDULE OF EVENTS

April 18, 2013

HEAD COACHES' SCRATCH MEETING @ 11:00 AM IN PRESSBOX!!

FIELD EVENTS: (Participants should report to their respective competition areas.)

All Finals! (Top four in each event advance to **Sectional Meet**)

	<u>BOYS</u>	<u>GIRLS</u>
12:00 PM	DISCUS THROW POLE VAULT	HIGH JUMP SHOT PUT
1:15 PM	HIGH JUMP LONG JUMP	DISCUS THROW TRIPLE JUMP
2:30 PM	SHOT PUT TRIPLE JUMP	LONG JUMP POLE VAULT

RUNNING EVENTS: (The order of ALL Running Events will be Girls first, then Boys)

All Finals! (Top four in each event advance to **Sectional Meet**)

12:30 PM	1600 Meter Run Final
4:00 PM	4X100 Meter Relay Finals
4:20 PM	400 Meter Dash Finals
4:40 PM	100 Meter Dash Finals
5:00 PM	100/110 Meter HurdlesFinals
5:20 PM	800 Meter RunFinal
5:50 PM	200 Meter Dash Finals
6:10 PM	300 Meter HurdlesFinals
6:30 PM	3200 Meter Run Final
7:10 PM	4X400 Meter Relay Finals

TEAM AWARDS

General Meet Guidelines: ALL Seeding Performances **MUST** be **MileSplit Verified Performances**

Field Events: (For Replacement Purposes, CLEAR 5th and 6th Place winners **MUST** be determined)

- **Horizontal Events:**
 - One Flight – All competitors receive three Preliminary attempts
 - After Preliminary round, competition order is “re-ordered” from worst to best for three Finals attempts
- **Vertical Events:**
 - Five-Alive flighting; Opening Heights determined by Games Committee (Head Coaches)

Running Events:

- Laned Races contested in Sections against Time (One Heat Final if 8 or less entries)
 - Heat Order: Slow to Fast
 - Slow Heat (4 entries) / Fast Heat (6 entries)
- 800 / 1600 / 3200 One Heat Finals