WESTMINSTER WILDCAT TRACK & FIELD

SCHEDULE OF EVENTS FOR TUESDAY, APRIL 2, 2013

JR. HIGH BOYS & GIRLS VS. HOLY INNOCENTS / WALKER / WHITEFIELD

FIELD EVENTS: (Participants should report to their respective competition areas.)
(3 trials each in Discus Throw, Long Jump, Shot Put, Triple Jump)

4:00 PM	BOYS' DISCUS THROW	GIRLS' HIGH JUMP
	BOYS' & GIRLS' POLE VAULT	GIRLS' LONG JUMP
	BOYS' TRIPLE JUMP	GIRLS' SHOT PUT
4:45 PM (?)	BOYS' HIGH JUMP	GIRLS' DISCUS THROW
	BOYS' LONG JUMP	GIRLS' TRIPLE JUMP
	BOYS' SHOT PUT	

RUNNING EVENTS: The order of all common running event heats will be girls followed by boys.
(Please note any/all exceptions below.)

4:30 PM	Girls' 300 Meter Hurdles (30")
	Boys' 300 Meter Hurdles (30")
	3200 Meter Run (Arc Start; **ALL** boys and girls together!!)
5:20 PM	4X100 Meter Relay
	400 Meter Dash
	100 Meter Dash
	Girls' 100 Meter Hurdles (30")
	Boys' 110 Meter Hurdles (36")
	800 Meter Run (One-Curve Stagger)
	200 Meter Dash
	1600 Meter Run (Arc Start)
	4X400 Meter Relay

ALL running events will be clerked near the 110 Meter starting line. (**EXCEPTION**: the 200 Meter Dash and 300 Meter Hurdles will be clerked at their respective starting lines!!) All participants in a running event should check in with the clerk of course in this area to receive lane & heat assignments.

***PLEASE NOTE**: In those running events where more than one heat is contested,
PLACES WILL BE DETERMINED BY TIME!!!