

Schedule of Events for the 5AAAAA Region Meet (Day one)

2:00pm Scratch Meeting
2:30pm Implement Weigh in

Field Events:

3:00pm Boys Shot Put/ Boys Long Jump (outside runway) Boys Pole Vault
Girls High Jump/ Girls Triple Jump (inside runway)/ Girls Discus
4:00pm Finals for Boys Shot Put/ Boys Long / Girls Triple/ Girls Discus

Running Events:

5:00pm 4x100m Relay Preliminary
5:30pm 1600m Run Final Girls & Boys
6:10pm 400m Dash Preliminary
6:45pm 100m Dash Preliminary
7:15pm 100m IH Preliminary Girls
110m HH Preliminary Boys
7:50pm 800m Run Preliminary
8:20pm 200m Dash Preliminary
8:50pm 300m Hurdles Preliminary
9:20pm 15 minute Break
9:35pm 4x400m Relay Preliminary

School Responsibilities:

Field Events

New Manchester/ Hiram	Boys Shot Put
Hiram/ South Paulding	Boys Long Jump (runway by pole vault)
Allatoona/ North Paulding	Pole Vault Boys
Woodland/ East Paulding	Girls Discus
Paulding/ Villa Rica	Girls High Jump
Lithia Springs/ Rome	Girls Triple Jump (inside runway)

Exchange Zones

Rome/ South Paulding	4x100m exchange zone 1
Villa Rica/ North Paulding	4x100m exchange zone 2
East Paulding/New Manchester	4x100m exchange zone 3

During 800m 1600m 3200m and 4x400m Races

Allatoona	Turn 1 official
North Paulding	Back Straight Official
Hiram	Turn 2 official
Woodland	Finish Line Official

100/ 110m Hurdle Officials

New Manchester	1 st set Hurdles
Villa Rica	2 nd set Hurdles
Paulding	3 rd set Hurdles
South Paulding	4 th set Hurdles
North Paulding	5 th set Hurdles
East Paulding	6 th set Hurdles
Hiram	7 th set Hurdles
Rome	8 th Set Hurdles
Lithia Springs	9 th Set Hurdles
Allatoona	10 th Set Hurdles

Schedule of Events for the 5AAAAA Region Meet (Day Two) 2014

2:30pm Implement weigh in

Field Events:

3:00pm Girls Shot Put/ Girls Long Jump/ Girls Pole Vault
Boys Discus/ Boys Triple/ Boys High Jump

4:00pm Finals Girls Shot Put/ Girls Long/ Boys Triple/ Boys Discus

Running Events:

5:00pm 4x100m Relay Final

5:15pm 3200m Final Girls only

5:55pm 400m Dash Final

6:10pm 100m Dash Final

6:25pm 100m IH Final Girls

110m HH Final Boys

6:45pm 800m Run Final

7:05pm 200m Dash Final

7:25pm 300m Hurdle Finals

7:45pm 3200m Final Boys only

8:25pm 4x400m Relay Final

8:45pm Announce Region Team Scores/ Hand out Trophies

School Responsibilities:

Field Events

East Paulding/ Lithia Springs

Hiram/ Paulding

New Manchester/ Allatoona

Villa Rica/ North Paulding

Allatoona / Woodland

Rome/ South Paulding

Boys High Jump

Boys Triple

Boys Discus

Girls Long Jump

Girls Pole Vault

Girls Shot Put

Exchange Zones

Lithia Springs/Villa Rica

Hiram/ New Manchester

Rome/ Woodland

4x100m exchange zone 1

4x100m exchange zone 2

4x100m exchange zone 3

During 800m, 1600m, 3200m, and 4x400m Races

Paulding

East Paulding

Villa Rica

Woodland

Turn 1 Official

Back Straight Official

Turn 2 Official

Finish Line Official

100m/110m Hurdles Officials

New Manchester

Villa Rica

Paulding

South Paulding

North Paulding

Hiram

East Paulding

Rome

Lithia Springs

Allatoona

1st set Hurdles

2nd set Hurdles

3rd Set Hurdles

4th Set Hurdles

5th Set Hurdles

6th Set Hurdles

7th Set Hurdles

8th Set Hurdles

9th Set Hurdles

10th Set Hurdles