## 2016 MCEACHERN INVITATIONAL MEET SCHEDULE

Jumps/Throws – All finals – 3 attempts only, no prelims/finals, 1<sup>st</sup> legal attempt measured, subsequent attempts must meet standards (in parentheses)

9:00 Girls Long Jump (15'0")

Boys Long Jump (20'0")

Girls High Jump (Starting Ht. - 4' 6")

Boys High Jump (Starting Ht. - 5' 8")

Girls Pole Vault (Starting Ht. – 7' 0")

Boys Pole Vault (Starting Ht. – 9' 0")

Boys Shot (40' 0")

Girls Discus (80' 0")

10:00 Girls/Boys 4x800 Relay

10:30 Girls Triple Jump (32'0")

Boys Triple Jump (42'0")

Girls Shot (30' 0")

Boys Discus (100' 0")

## 12:00 P.M. – Running Events - Rolling Schedule

Athletes should listen to announcements and be aware of when their event is approaching. Please <u>check in</u> at the tent located near the 100 meter start line (west end of track) <u>on first call</u>. Order of events will be girls followed by boys. Heats are slow-to-fast. All events are finals based on time. We may reseed to consolidate heats if possible.

4x100 Relay

1600 Run

400 Meters

100 Meters

100 Low Hurdles

110 High Hurdles

Throwers Relay

800 Meters

4x200 Relay

Showcase 200 Meters

300 Hurdles

3200 Run

4x400 Relay