## 2016 MCEACHERN INVITATIONAL MEET SCHEDULE

Jumps/Throws - All finals - 3 attempts only, no prelims/finals, $1^{\text {st }}$ legal attempt measured, subsequent attempts must meet standards (in parentheses)

9:00 Girls Long Jump (15'0")
Boys Long Jump (20'0")
Girls High Jump (Starting Ht. - 4' 6")
Boys High Jump (Starting Ht. - 5' 8")
Girls Pole Vault (Starting Ht. - 7' 0")
Boys Pole Vault (Starting Ht. - 9' 0")
Boys Shot (40' 0")
Girls Discus (80' 0")
10:00 Girls/Boys 4x800 Relay
10:30 Girls Triple Jump (32'0")
Boys Triple Jump (42'0")
Girls Shot (30' 0 ")
Boys Discus (100' 0")
12:00 P.M. - Running Events - Rolling Schedule
Athletes should listen to announcements and be aware of when their event is approaching. Please check in at the tent located near the 100 meter start line (west end of track) on first call. Order of events will be girls followed by boys. Heats are slow-to-fast. All events are finals based on time. We may reseed to consolidate heats if possible.

> 4x100 Relay

1600 Run
400 Meters
100 Meters
100 Low Hurdles
110 High Hurdles
Throwers Relay
800 Meters
4x200 Relay
Showcase 200 Meters
300 Hurdles
3200 Run
4x400 Relay

