

**Cobb County Track and Field Championships  
2016 @ McEachern High School  
Hosted by McEachern High School  
Saturday, March 26 and Monday, March 28, 2016**

Entries:

- Each school will receive 2 individual entries and 2 relay entries per event. You must include who you will have run the relays.
- **Entries will be done through: <http://ga.milesplit.com>.**
- **Entries are due on Thursday, March 24, 2016 by 12:00 p.m. (noon)**
- **All entries must be verified on MileSplit**
- Coaches will be sent a copy of their entries to verify and make corrections.
- There will be NO MEET DAY CHANGES. Coaches, it is your job to get your athletes entered.
- Reminder, that any 9<sup>th</sup> or 10<sup>th</sup> grader that competes in any event at the Varsity County Meet is ineligible to compete at the JV County Meet to be held in April.

Entry Fee:

- \$150 per team, payable to the **McEachern High School Athletics**.
- Entry fee is due before race packets can be picked up.

Event Information:

- Field events will have 3 attempts and the top 9 distances will qualify for the finals. Finals will have 3 additional attempts.
- Running events with prelims will qualify 8 to the finals. Heat winners will automatically qualify for the finals and the next fastest times will fill out the 8 qualifiers.

FYI:

- Meet Director: Phil Hoskins
- Timing will be FAT (Finish Lynx)
- All GHSA and NFHS rules and guidelines will be followed.
- Athletes must be in a school issued uniform and uniforms must match for all athletes in the same individual event or relay.
- Undergarments must be of a solid and same color for athletes in the same individual event or relay.
- No jewelry allowed.
- No electronic devices allowed in the check-in or competitive area.

\*Schedule:

**Saturday, March 26, 2016**

- 10:00 a.m. Girls High Jump, Girls Long Jump, Girls Shot Put, Boys Triple Jump, Boys Discus, Girls Pole Vault
- 11:00 a.m. Girls 4 x 800m Relay Final
- 11:15 a.m. Boys 4 x 800m Relay Final
- 11:30 a.m. Boys High Jump, Boys Long Jump, Boys Shot Put, Girls Triple Jump, Girls Discus, Boys Pole Vault
  
- 1:00 p.m. Running Events begin (Girls before Boys on a rolling schedule)
  - o 4 x 100m Relay Prelims
  - o 1600m Run Finals
  - o 400m Dash Prelims
  - o 100m Dash Prelims
  - o 100/110m High Hurdle Prelims
  - o 800m Run Prelims
  - o 200m Dash Prelims
  - o 300m Intermediate Hurdle Prelims

**Monday, March 28, 2016**

- 5:30 p.m. Running Events begin (Girls before Boys on a rolling schedule)
  - o 4 x 100m Relay Finals
  - o Girls 3200m Run Finals
  - o 400m Dash Finals
  - o 100m Dash Finals
  - o 100/110m High Hurdle Finals
  - o 800m Run Finals
  - o 200m Dash Finals
  - o 300m Intermediate Hurdle Finals
  - o Boys 3200m Run Finals
  - o 4 x 400m Relay Finals (section vs. time)

\* Subject to change.

Tuesday March 29<sup>th</sup> Rain out Date.