

**2015-2016 GOLD STANDARD
MIDDLE SCHOOL CHAMPIONSHIP
THURSDAY, JAN. 28, 2016
EVENT STANDARDS FOR QUALIFICATION**

| EVENT | GIRLS | BOYS |
|--------------|----------------------|-------------|
| 60M | 9.0 | 8.15 |
| 400M | 1:12 | 1:02 |
| 800M | 2:55 | 2:35 |
| 1600M | 6:25 | 5:40 |
| 60M HURDLES | 12.50 | 11.25 |
| HIGH JUMP | 4'2" | 4'8" |
| LONG JUMP | 12'0" | 14'6" |
| POLE VAULT | 5'0" | 6'6" |
| SHOT PUT | 25'0" | 30'0" |
| 4X200M RELAY | ONE RELAY PER SCHOOL | |