

Section 1, Classes 2A and 4A
Montgomery Academy
4/26-4/27

Entries: All entries will be completed through alabamarunners.com. Entries are due by April 23rd at midnight, EST. Each school is limited to 3 entries per event, 1 relay team. Please enter valid, verifiable seed times. Meet management reserves the right to seed an athlete at "No Time" if the seed mark is in question and unverifiable. NO ADDITIONS after the entry deadline. Substitutions must be made prior to Wednesday.

Entry Fee: \$100 per school, per gender (i.e. \$200 total for a boys and girls team)
Checks can be made payable to: Montgomery Academy

Parking: Buses will be permitted to unload teams and equipment next to the track, then will be asked to park across the street. There will be a designated area next to the track for team tents.

Seating: There is limited bleacher seating, but plenty of room around the track for lawn chairs.

Admission: \$5 per day

Start Times: Friday

2:00pm (Coaches' meeting at 1:00) *The track will be open at 12:30.

*Please do not arrive before 12:30 on Friday.

Saturday

9:00am (Coaches' meeting at 8:00)

Schedule of Events: Running events will be run in the same order as the state meet. Please refer to the Spring Sports Handbook. We'll run in gender order (girls, then boys). Please refer to the bottom of this information for the field event schedule.

Spikes: 1/4 pyramid spikes, no needles. Javelin will be thrown on grass.

Weigh-ins: All throwing implements must be weighed in prior to competition; the implement then becomes property of the field. Pole vaulters must weigh-in before competition as well.

Qualifying: Top 5 in each event automatically qualify for the State Meet. Wildcards and open spots TBD. Please refer to the Spring Sports Book for minimum standards in each event. Top 8 places will score. Top 3 will receive medals.

Field Event Schedule

Friday

Girls Discus	4A, 2A
Boys Shot Put	2A, 4A
Girls Long Jump	4A, 2A
Boys Triple Jump	4A, 2A
Girls Pole Vault	2A, 4A
Boys High Jump	2A, 4A
Girls Javelin	2A (before 4A boys)
Boys Javelin	4A (after 2A girls), 2A

* Javelin thrown on grass.

Saturday

Boys Discus	2A, 4A
Girls Shot Put	2A, 4A
Girls Triple Jump	4A, 2A
Boys Long Jump	4A, 2A
Boys Pole Vault	2A, 4A
Girls High Jump	2A, 4A
Girls Javelin	4A

Opening Heights

Girls HJ- 4'2"

Boys HJ- 5'4"

Girls PV- 6'0"

Boys PV- 8'0"

Minimum Standards can be found here (from the AHSAA website):

[http://www.ahsaa.com/Portals/0/pdf/sports/Track%20\(outdoor\)%20-%20State%20Qualifying%20Standards%202013.pdf](http://www.ahsaa.com/Portals/0/pdf/sports/Track%20(outdoor)%20-%20State%20Qualifying%20Standards%202013.pdf)