

2011 XC MEET OF THE MASCOTS

The inaugural *Meet of the Mascots* will be held on **Thursday, Oct. 13** at Heardmont Park in Shelby County. This is a 1.5 mile race. The course is a true "cross country" course including several creek crossings, gravel, mud, and grass throughout. Approximately 250M (twice) of the course are on a paved cart path. Spikes or flats are recommended.

This XC meet is open to **middle school** teams only (7th and 8th grade). There are 4 divisions as 7th and 8th grade athletes will run separately. Awards will be given to the top 5 athletes in each race, and a special award will be given to the individual winner of each race. There will be no team scores or team awards – only individual awards. Concessions and t-shirts will be on sale.

Coaches....we ask that you dress up as your school's mascot for this meet! There will be a competition of which coach is best dressed as their school's mascot, with all proceeds going to local tornado disaster relief. The coaches/mascots will be introduced to the spectators prior to the first race. All spectators will have the opportunity during the races to vote for the best-dressed coach by placing money in that coaches' specially marked jar. The coach that earns the most money in his/her jar will win the mascot competition and a gift card. All money earned during the mascot competition will be donated to the disaster relief fund to aid local communities affected by this spring's tornados. This competition, though fun, is designed to raise money for those in need. So coaches - dress up for a great cause!!

Meet Schedule:

The first race begins at 4PM with the 7th grade girls. All other races will begin immediately after the conclusion of the previous race. There will be very little down time between races, so have your kids ready to run.

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| 4:00: | 7 th Grade Girls | 1.5 Miles |
| | 7 th Grade Boys | 1.5 Miles |
| | 8 th Grade Girls | 1.5 Miles |
| | 8 th Grade Boys | 1.5 Miles |

Awards (to the top 5 in each race) and Mascot Competition Results

Entry:

Email all entries to Dan Passen at xpress28@aol.com. Set up your entries as 4 separate divisions: 7th Girls, 7th Boys, 8th Girls and then 8th Boys. Make sure you indicate each athlete's gender and grade level.

***Deadline for entries: **Monday, Oct. 10 @ midnight**

Entry fee: **\$25 per race** (ex: you enter 5 athletes in each of the 4 races your total is \$100) **OR \$5 per athlete** for teams with fewer than 5 athletes in a division (ex: you enter 3 athletes in the 7th grade girl's race, your total for that specific race is \$15).

Make checks payable to "Pizitz Middle School."

All schools must be a member of the AHSAA or their state association. This meet is sanctioned by the AHSAA.

Bring entry fees to the meet or mail to:

Pizitz Middle School
ATTN: Jason Williams
2020 Pizitz Drive
Vestavia Hills, AL 35216

Directions:

From I-65: Going south on I-65 from Birmingham exit at Oak Mt. State Park exit and turn left on AL 119. Go approximately 4 miles and Heardmont Park is on the left by the Oak Mt. football stadium.

From Hwy 280: Turn onto AL 119 west (towards I-65) for approximately 6 miles. Heardmont Park is located on the right by the Oak Mt. football stadium.

Contact Information:

If you have any questions, you can reach Jason Williams at 402-5350 or at williamsjm@vestavia.k12.al.us.