May 1, 2018

TO: Head Track Coaches

FR: Tony Stallworth, Associate Executive Director

Alvin Briggs, Director of AHSADCA

RE: Gulf Shores State Track Meet 4A-7A 4x400

Due to a timing issue, we must make a slight change in the running of the 4x400 in Gulf Shores. The format is as follows.

The 1st and 2nd heats of the 4x400 will be run on Thursday in all classes and in all sections.

The 3rd heat will be run on Saturday in all classes and all sections.

We wish you the best of luck this weekend and look forward to seeing you at the State Championship Track Meet. If you have any questions, please feel free to contact the AHSAA office at 334-263-6994.