

# 1A Section 2 / 7A Section 2

April 28-29, 2017

## Smiths Station High School Track Complex

1100 Lee Road 298

Smiths Station, AL 36877

Facility	8 lane track. Timing will be FAT. Full concessions will be sold. <u>Admission will be \$5 at the gate.</u>
Equipment	Starting Blocks will be provided. All field implements (except pole vault poles) will become property of the field for the duration of the meet. Throwing implements will be weighed. Implements not meeting standard will be impounded.
Entries	Only 3 athletes per team will be allowed to enter an event. Entry will be online at: (1A-2) <a href="http://al.milesplit.com/meets/275639/registration">http://al.milesplit.com/meets/275639/registration</a> (7A-2) <a href="http://al.milesplit.com/meets/275663/registration">http://al.milesplit.com/meets/275663/registration</a>

*Please make sure you list a **VALID** email and cell phone number when entering your team on AlabamaRunners.com*

**THERE WILL BE NO ENTRIES ALLOWED after 12pm, EST Sunday, April 23<sup>th</sup>.**

Seeding for sectional meets must be based on verifiable performances in the Alabamarunners.com database. Athletes with no performances in the database will receive an NT or ND for seeding purposes.

Entry Fee	\$100 per team / \$200 per school.
Verification of Entry	A printout of your entries will serve as verification of your entries.
Info Updates	(1A-2) <a href="http://al.milesplit.com/meets/275639/">http://al.milesplit.com/meets/275639/</a> (7A-2) <a href="http://al.milesplit.com/meets/275663/">http://al.milesplit.com/meets/275663/</a>

*Uniform rule will be strictly enforced. All athletes, including throwing events, must be in a school issued TRACK uniform.*

Order of Events	Order of events can be found at the above addresses.
Clerking	Check in will be 20 minutes out for first call and 10 minutes out for final call..
Running Events	Minimum times for each event can be found in the AHSAA handbook.
Field Events	Minimum distances can be found in the AHSAA Spring Book. In all Horizontal and Throwing events, athletes will receive 3 attempts with the top 9 advancing to finals. The 1 <sup>st</sup> legal attempt of a competitor will receive a mark.
Scoring	10-8-6-5-4-3-2-1
Timing	Live Online Results will be provided for spectators, athletes, coaches, and family members at home to keep up with scoring – a smart device with an internet connection is necessary. Paper Results will also be posted on site.
Maximum Spike Length	The maximum spike length allowed will be ¾" unless spike slots are inside.
Awards	Trophies will be awarded to the top two (2) teams in both boys and girls divisions. Medals will be awarded to 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> places for each event.
Appeals	Any appeal must be given to the referee in writing accompanied with \$25.00 within 30 minutes of the infraction. If the appeal is upheld, then the money will be refunded. Appealable offenses are misapplications of NFHS rules. Judgment calls cannot be appealed.
Contact Information	Ron Peters coachronpeters@gmail.com Tim Loreman Loreman.tim@lee.k12.al.us

MAIL CHECKS TO:  
Smiths Station High School  
4228 Lee Road 430  
Smiths Station, AL 36877

## FRIDAY

*Coaches Meeting will be 9:30 EST Friday.*

### FRIDAY SCHEDULE OF FIELD EVENTS

Field Events will start at 10 am EST Friday morning. They will work on a rolling start format by event location. As one event at a location ends the next will be called.

RUNWAY 1	RUNWAY 2	SHOT	DISCUS	JAV	HJ
7A Boys Long Jump	7A Girls Triple Jump	7A Boys	1A Girls	7A Girls	1A Girls
1A Boys Triple Jump	7A Boys PV		1A Boys		1A Boys
1A Girls LJ	7A Girls PV		7A Girls		
	1A Boys PV				
	1A Girls PV				

### FRIDAY SCHEDULE OF RUNNING EVENTS

**The order will be 7A Girls / Boys, 1A Girls/Boys**

*Tentative start time is 10am EST.*

1600m  
4x100 Relay Prelims  
400m  
100H Prelims  
110H Prelims  
100m Prelims  
4x800m  
200m Prelims

## SATURDAY

*Coaches Meeting will be 9:15 EST Saturday.*

### SATURDAY SCHEDULE OF FIELD EVENTS

Field Events will start at 10 am EST Friday morning. They will work on a rolling start format by event location. As one event at a location ends the next will be called.

RUNWAY 1	RUNWAY 2	SHOT	DISCUS	JAV	HJ
1A Boys Long Jump	7A Girls Long Jump	1A Girls	7A Boys	1A Boys	7A Boys
7A Boys Triple Jump	1A Girls Triple Jump	7A Girls		1A Girls	7A Girls
		1A Boys		7A Boys	

### SATURDAY SCHEDULE OF RUNNING EVENTS

**The order will be 7A Girls / Boys, 1A Girls/Boys**

*Start time will be 9:30am EST.*

3200m (7A Girls – 9:30am, 7A Boys – 9:45am, 1A Girls – 10am, 1A Boys – 10:15am)  
4x100 Relay Finals  
100H Finals  
110H Finals  
100m Finals  
300H  
200m Finals  
800m  
4x400 Relay