

1A Section 2, 2A Section 1, 3A Section 1

Montgomery Academy

- ENTRIES:** All entries will be completed through alabamarunners.com. Entries are due by April 19nd at midnight, EST. Each school is limited to 3 entries per event, 1 relay team. Verifiable times are required for seeding. NO ADDITIONS after the entry deadline. Substitutions must be made prior to Wednesday.
- ENTRY FEE:** \$100 per school, per gender (i.e. \$200 total for a boys and girls team)
Checks can be made payable to: Montgomery Academy
- PARKING:** Buses will be permitted to unload teams and equipment next to the track, then will be asked to park across the street. There will be a designated area next to the track for team tents.
- SEATING:** There is limited bleacher seating, but plenty of room around the track for lawn chairs
- ADMISSION:** \$5 per day
- START TIMES:** **Friday:**
2:00pm (Coaches meeting at 1:00) * The track will open at 12:30.
** Please do not arrive before 12:30 on Friday.
Saturday:
9:00am (Coaches Meeting at 8:30)
- SCHEDULE OF EVENTS:** Running events will be run in the same order as the state meet. Please refer to the Spring Sports Handbook. We will run in gender order (girls then boys). Please refer to the bottom of this information for the field event schedule.
- SPIKES:** ¼ pyramid spikes, no needles. Javelin will be thrown on grass. All
WEIGH-INS: throwing implements must be weighed in prior to competition; the implement then becomes property of the field. Pole vaulters must weigh-in before competition as well.
- QUALIFYING:** Top 5 in each event automatically qualify for the State Meet. Wildcards and open spots TBD. Please refer to the Spring Sports Book for minimum standards in each event. Top 8 places will score. Top 3 will receive medals.