**2014 Alumni Age Group Invitational
Saturday, December 27th, 2014
Birmingham, AL CrossPlex**

**Hosted by Hoover HS Track Booster Club and Alumni**

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| **Facility & Admission** | 6 lane hydraulic banked track. 8 lane straightaway. Timing will be FAT. Admission will be $8 for adults and $5 for 65 & older. Students and children are free. AHSAA coach’s cards will be accepted.  |
| **Equipment** | Starting Blocks and shots will be provided—leave yours at home. Weight throw implement available for use, but you are encouraged to bring your own. |
| **Entries & Registration** | 12 & under may enter up to 3 events. 13-18 may enter 4 events.Registration will be online at coachO.com. Go to the meet calendar and find this meet. |
| **Entry Fee** | Entry will be $20/athlete. Pentathlon is $35/athlete.All payments should be made on-line at the time of registration. |
| **Entry Deadline** | **Friday, December 26th, noon CST.** No entries will be taken after that time!  |
| **Sanctioning** | This meet will be USATF sanctioned. Hurdle heights and distances will be same as MS/HS. |
| **Age Groups** | 8 & under; 9-10; 11-12; 13-14; 15-16; 17-18; 19 & over |
| **Clerking / Scratches** | There will be no additions at the meet. **Athletes will report to starting line or clerking area when called**. There will be no bib numbers. |
| **Awards** | There will be no team scores/awards. Medals will be awarded to the top 3 individuals/event/division. |
| **Prelims** | There will be no prelims. All events are finals on time.  |
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| **Field Events** | Each jumper/thrower will have 3 attempts with no finals, except weight throw will have finals (top 9). All attempts will be measured.  |
| **Age group events** | 8 & under 60 dash200400800LJSP | 9-10 60 dash200400800LJSP | 11-12 60 dash200400800MileLJSPHJ |
|  | 13-1460 hurdles(30” & 36”)60 dash200400800MileLJSPHJTJ | 15-16, 17-18 60 hurdles60 dash200400800Mile3200PentathlonLJSPHJTJPVWT | 19 & over 60 hurdles60 dash200400800Mile3200LJSPHJTJPVWT |
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| **Contacts** | Meet Director: Devon Hind | (Office)205-439-1379 (Cell)205-807-9144 Dhind@hoover.k12.al.us |

**Schedule of Events**

**TRACK EVENTS ORDER (8 & under girls, then 8 & under boys, then 9-10 girls, etc. unless noted)**

R**olling schedule**—All times are estimated—we will run ahead of this schedule if possible by up to 45 minutes.

7:00 CST 3200 (track will not be banked for this event.)

7:45 pentathlon 60 hurdles

8:00 CST 60 hurdles

8:30 60 dash

10:15 Mile (11-12)

10:45 400 (8 & under, 9-10, 11-12)

11:45 Mile (13-14) followed by pentathlon 800 & 1000

12:15 400 (13-14, 19 & over)

1:00 Mile (15-16)

1:30 400 (15-16)

2:15 Mile (17-18)

2:35 400 (17-18)

3:20 Mile (19 & over)

3:40 200

5:25 800

**FIELD EVENTS (pentathlon field events will occur in between age groups at appropriate times)**

8:30 Shot put (pentathlon girls first, then 8 & under g & b, pentathlon boys, 9-10 g & b, 11-12 g & b)

 Pentathlon boys long jump

9:30 Pentathlon girls long jump

10:15 Girls & boys long jump (15-16, 17-18, 19 & over, 8 & under, 9-10, 11-12, 13-14)

10:00 Girls & boys high jump (11-12 first, pentathlon HJ in between age groups)

 Girls & boys pole vault (15-16, 19 & over option) Opening height—6’6” girls; 8’ boys

11:00 Girls shot put (13-14, 15-16, 17-18, 19 & over)

1:00 Boys shot put (13-14, 15-16, 17-18, 19 & over)

1:00 Girls & boys pole vault (17-18, 19 & over option) Opening height—8’ girls; 10’ boys

2:00 Girls & boys triple jump (13-14 first)

3:30 Girls weight throw followed by boys weight throw (15-16 first)

**Additional IMPORTANT information:**

\*\*¼ inch pyramid spikes only—athletes must go through a spike check before competing. A set of ¼” spikes will be available for purchase for $5 per pair of shoes at the spike check-in area.

\*\*Only athletes/coaches are allowed in the warm-up area. **No team camps in warm-up area.**

\*\*We will have 2 pole vault pits, 2 long/triple jump pits & 2 high jump pits going at the same time.

\*\*Concessions & T-shirts will be available for purchase.

\*\*The City of B’ham charges $3 for all events at The CrossPlex. 1100 spaces are available on site and 300 additional spaces are available across the street. CrossPlex parking in the shopping center lot will get your car towed. Police/staff tend the parking lot areas.

**\*\*This is not an AHSAA sanctioned event. Alabama MS & HS athletes may compete unattached without penalty according to AHSAA rules. (2 non-sanctioned events allowed per season with permission from your coach) In-state & Out-of-state Track Clubs are allowed to participate.**

**LOCATION: The CrossPlex is located in Birmingham, Alabama at 2331 Bessemer Road, 35208**

 **Take I-20/59 to exit #120. Go south for 1 mile and The CrossPlex is on your left.**