



# 2014 Crimson Tide High School Invite

**Co-hosted by: Northridge High School**

*Sam Bailey Track and Field Stadium  
on the campus of the University of Alabama  
Tuesday, April 15<sup>th</sup>*

## TEAMS ATTENDING:

Central (Tuscaloosa), Hewitt-Trussville, Homewood, Hoover, McGill-Toolen, Northridge, Paul W. Bryant, Scottsboro, Vestavia Hills

## ENTRY INFORMATION:

- All entries will be done via Alabama Runners.
- **Entry Deadline is 2:00 pm (central) Sunday, April 13<sup>th</sup>**
- Entry fee is \$100.00 per gender (\$200.00 for combined programs) and should be made payable to University of Alabama Athletics
- You may edit and update your entries online any time before the entry deadline. All submitted entries in the system at the entry deadline will be considered FINAL.
- Field sizes will be limited to insure a concise meet. Please see entry restrictions below.
- Additional entries beyond the published limits will be given consideration by meet management. Please contact Mitchell Wesson at [mwesson@ia.ua.edu](mailto:mwesson@ia.ua.edu).

## ENTRY RESTRICTIONS:

- 1 relay entry per gender for the 4x100, 4x400
- 2 entries in all other events

## SCORING:

The following team scoring system will be utilized for the Crimson Tide Invite:

Individual Events: 10 – 8 – 6 – 5 – 4 – 3 – 2 – 1      Relay Events: 10 – 8 – 6 – 5 – 4 – 3 – 2 – 1

## PACKET PICK-UP:

Packet pick up will be at the athletic department ticket window on the main concourse of Coleman Coliseum.  
Pick up times:            Tuesday, April 15<sup>th</sup> from Noon–4:00 pm

## TIMING:

Timing will be done by: Xpress Timing

## PREFERRED LANES:

Sprint Races:            4.5.3.6.2.7.8.1.9  
Oval Races:              5.6.4.7.3.8.2.9.1





### **WEIGH-IN:**

Implement room is located behind the main grandstand at the Sam Bailey Track and Field Complex.

Weigh-in times: Tuesday, April 15<sup>th</sup> 1:00 pm–3:30 pm

The games committee has the discretion to withhold any throwing implements that may endanger anyone associated with the orderly and reasonable continuation of the meet.

### **EVENT CHECK-IN:**

Athletes in running events must report to the clerk of the course 10 min prior to their event. Field event competitors should check in **90 minutes** prior to their event with the head official at their event area. No calls or announcements will be made during the track and field meet. The meet will run on time. Please inform you athletes to check in early and **be at the clerk 10 min prior to the start of their event**. See facility diagram for check in location.

### **COMPETITION WARMUP:**

- No warming up will be allowed on the competition track (with the exception of the boy's & girl's 4x100)
- General warm-ups will be done on the football practice fields.

### **RUNWAY MARKINGS:**

Athletic tape is the only acceptable runway marker. Chalk is not permitted.

### **HEIGHT PROGRESSIONS:**

#### **Women's High Jump**

4'4", 4'6", 4'8", 4'10", 5'0" ...

#### **Men's High Jump**

5'4", 5'6", 5'8", 5'10", 6'0" ...

#### **Women's Pole Vault**

8'0", 8'8", 9'4", 10'0", 10'8", 11', 11'4", 11'8" ...

#### **Men's Pole Vault**

11'0", 11'8", 12'4", 13'0", 13'8", 14', 14'4", 14'8" ...

### **RESULTS:**

Results will be available online at [www.rolltide.com](http://www.rolltide.com) and posted outside the main grandstand.

### **AWARDS:**

All 4 winning relay members and individual event winners will receive a champion gift.

### **PARKING:**

See attached parking diagram. Please be mindful of all parking designations.

### **SHOWERS & DRESSING FACILITES:**





Showers and locker rooms are located in Coleman Coliseum. Towels and toiletries will not be provided. Please contact Red Leonard at [leonard@ia.ua.edu](mailto:leonard@ia.ua.edu) or 205-361-2929 to gain locker room access codes.

**SPECIAL FACILITY RULES:**

- No headphone usage in any warm-up or competition area at the facility
- No food or gum will be allowed on the track surface / infield

**TEAM CAMPS:**

Team camps can be setup on the outdoor football practice fields. We ask that no tents be setup in the grandstands of the Sam Bailey Track & Field Stadium.

**HOSPITALITY:**

Hospitality will be provided for coaches and officials. See attached diagram for hospitality location.

**FILMING:**

There will be rows sectioned off at the top and bottom of the grandstands for coaches/managers that would like to film athletes.

**UPDATES:**

Please continually check [www.rolltide.com](http://www.rolltide.com) for any updates and schedule changes!

