West Chester Summer Cross Country Series 2013

Presented by





Dates: Wednesdays, July 24, August 7, August 14 **Distances:** 5k open to all; kids' K (12 & under); children's 300 meters (6 & under) Starting Times: 300 meters @ 6:45pm; 1 K @ 6:50pm; 5k @ 7:00pm **Course:** Westtown Township's Oakbourne Park/xc course (see below for directions) **Cost:** 5k: \$40 for the series (includes t-shirt); \$15 per race-no shirt 1K: \$20 for the series (includes shirt); \$10 per race-no shirt Children's 300m-\$5 per race-no shirt. Only pre-register for the entire series. You may register for the series on-line at www.runccrs.com. Awards: Awards for the top 5 men and top women in each race. Awards for the kids in each race. **Directions to Oakbourne Park:** From South: Take 202 North to right turn at Pleasant Grove Rd. (by the Westtown Police Building and St. Maximillian Church). Go about two miles to stop sign at Concord Rd. and turn left. Go past entrance to the Gaudienza House and take the next left into park. From North: Take 202 South to left turn at S. Matlack St. stoplight (by Kelly's Sports & Fed Ex buildings). Follow to Concord Rd. and bear right. Park entrance is on right. **Registration** Form

Name		Age	Sex
Email Please <u>circle</u> below your intended regist		300m	
All 3 races 7/24 8/7 8/14			
			aims for damages that I or my heirs may have against e properly trained for this event and have been medically
Signature	Date	Parent Signature	
-		(if under 18 yrs. of	

Please send pre-registration forms to: The Chester County Running Store, 24 South High Street, West Chester, PA 19382. Make checks payable to: **CCRS**. Questions: (610)696-0115. Web Site: <u>www.runccrs.com</u>