## Oakbourne Relays

Friday, August 30, 2013

## Oakbourne Park, West Chester

Time Schedule(Please note change of time schedule)
3:00PM-JV girls
3:30-JV boys
4:00-Varsity Girls
4:35-Varsity Boys
5:00-Awards
Awards-Varsity Race-top 8 pairs and $1^{\text {st }}$ and $2^{\text {nd }}$ place teams.
JV Race-Top ten individuals.
Format for Varsity Race-You will have 4 two person teams. The first person will run a mile and then tag the $2^{\text {nd }}$ person who will run a mile and then tag the first person who will run a mile and then tag the $2^{\text {nd }}$ person who runs the last mile to the finish. The mile loop is the same for everyone. The times of all four teams will be added together to determine place. The results are a 16 mile time ( 2 miles each for 8 runners). The JV race is just 2 miles( 2 one mile loops).
We will need your roster in an excel spreadsheet with the following columns: last name, $1^{\text {st }}$ name and school by August 28 at 5:00PM. For your relay teams, please set up a $4^{\text {th }}$ column. Mark your relay members as $1,2,3,4$ depending on which relay they are on. Send it to kkelly1@wcasd.net.

## Cost-\$75 per team. Boys and girls are separate teams.

Checks should be made payable to CCRS and mailed to $\mathbf{2 4}$ South High Street, West Chester, PA 19382.
Results will be posted at www.runccrs.com

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School $\qquad$ Boys $\qquad$ Girls $\qquad$
Coach $\qquad$ Phone $\qquad$ E-mail $\qquad$
Return this form to Kevin Kelly c/o Chester County Running Store, 24 South High Street, West Chester, PA 19382. Call-610-389-2739 with questions.

