

COACHES INVITATIONAL  
 PRESENTED BY THE ATLANTA TRACK CLUB & POPE HIGH SCHOOL  
 FRIDAY & SATURDAY March 14-15, 2014  
 GRIFFIN STADIUM, GEORGIA TECH, ATLANTA, GEORGIA



The fourteenth annual high school track & field event will bring together Georgia's top girls and boys track and field athletes from all six classifications in the prime time of the season. Griffin Stadium has a beautiful MONDO track and newly installed lights. This event will be open to all GHSA sanctioned schools. If past years meets are any indication, this year will also provide excellent competition and excitement for all.

**ELIGIBILITY:** The Georgia High School Association sanctions this event. Any Georgia High School athlete in grades 9-12 eligible under GHSA rules may compete upon selection. Athletes must compete for their school and in their school uniform.

**ENTRY INSTRUCTIONS:** All entries this year will be conducted on-line using <http://ga.milesplit.com/>

**ENTRIES:** Please see the entry limitations on the schedule of events listed below. It is understood that schools have not had the opportunity to compete in some of the **relays** prior to this meet. Please estimate an accurate time in these events and selection will be considered on performances in other events. In an effort to provide the fairest selection process all **individual** entries **MUST** be verified during the entry process. Coaches who do not provide legitimate FAT times for athletes will cause their athletes to be eliminated from competition.

**ENTRY LIMITATIONS:** All Coaches should follow GHSA rules and have their athletes entered in the appropriate number of open and relay events. Schools may only enter **2** athletes in each open event and **1** relay team.

**ENTRY FEES:** Entry fees will be \$12 per athlete. Maximum entry fee will be \$120 per team. Boys and Girls teams are separate teams. Please send a school check or money order payable to POPE **TRACK BOOSTER CLUB**. Entry fees are non-refundable. NO Coaches will be allowed to pick up their packet until \$\$ has been received. You may also pay via our PayPal account

Entry	Selection	Payment
<b>Deadline for entries is Sunday 3/9/14 at 5:00pm to</b> <a href="http://ga.milesplit.com">http://ga.milesplit.com</a>	Notification of selection will be posted via <a href="http://www.gatfxc.com">www.gatfxc.com</a> by <b>Monday 3/10/14 8pm</b>	\$12/athlete OR \$120 per team A school check or money order Payable to <b>Pope Track Booster Club.</b>
	Scratch by e-mail to <a href="mailto:cmonk3@hotmail.com">cmonk3@hotmail.com</a> by Wednesday 3/12, 2:00 pm.	Mail checks to Pope High School Attn: Cathi Monk 3001 Hembree Road Marietta, GA 30062
NO CHANGES OR SUBSTITUTIONS WILL BE MADE AT THE MEET.	A repost will occur on Thursday 2:00 as alternates may move onto the acceptance list as athletes scratch.	PayPal: <a href="http://www.popetfxc.com/">http://www.popetfxc.com/</a> Click on our webstore.

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**PARKING:** The parking lot off 10<sup>th</sup> St. will once again be used for all spectators and busses. Please come by bus if possible. Further information will be posted regarding bus parking as we get information from Georgia Tech.

**PACKET PICK UP:** Packets will be available for pick up at 4:30pm on Friday 3/14/14 and 9:30am on Saturday 3/15/14.

**ADMISSION:** Admission will be \$7 for everyone. Admission will be charged on both days. Athletes should be prepared to show their competitor number to gain access to Griffin Stadium.

**AWARDS:** Gold Relay Batons will be awarded to the Champions on the field in a ceremony immediately after the event. Second and third place will receive a spike bag and may be picked up at the awards table adjacent to the concession stand.

**EVENT SEEDING:** Field events will be seeded from worst to best. Running events sections will be from slow to fast.

**FACILITY:** Griffin Stadium has a world-class track that is MONDO. One-quarter inch spikes only are allowed. Warm ups will be on the practice field adjacent to the track. Trainers may work in the warm-up area.

**CLERKING:** Athletes should check in 30 minutes ahead of their event at the check in the indoor football practice facility on. All athletes must check together.

**UNIFORMS:** Athletes must compete in the school issued uniform in compliance with GHSA rules. No jewelry.

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Friday April 14, 2014

TIME	EVENT	COMPETITORS	HEATS/FLIGHT	QUALIFYING
5:30pm	Boys High Jump	30	5 alive	Final
5:30pm	Girls Long Jump	30	2 flights	3 Jumps
5:30pm	Boys Long Jump	30	2 Flights	3 Jumps
5:30pm	Boys Pole Vault	30	5 alive	Final
5:30pm	Girls Discus	30	3 throws	Final
6:45pm	Boys Discus	30	3 throws	Final
6:15pm	Girls High Hurdle-Semi	32	4 heats	Top 8 Times
6:30pm	Boys High Hurdle-Semi	32	4 heats	Top 8 Times
6:50pm	Girls 100m – Semi	32	4 heats	Top 8 Times
7:05pm	Boys 100m-Semi	32	4 heats	Top 8 Times
7:25pm	Girls 4x1600m Relay	15 teams	1 heat	Final
8:00pm	Boys 4x1600m Relay	15 teams	1 heat	Final
8:30pm	Girls Sprint Medley	32 Teams	4 heats-Final	100,100,200,400
8:55pm	Boys Sprint Medley	32 Teams	4 heats-Final	100,100,200,400

Saturday March 15, 2014

TIME	EVENT	COMPETITORS	HEATS/FLIGHT	QUALIFYING
10:00am	Girls Shot	30	3 throws	Final
10:00am	Girls High Jump	30	5 alive	Final
10:00am	Girls Pole Vault	30	5 alive	Final
10:30am	Girls Triple Jump	30	3 jumps	Final
10:30am	Boys Triple Jump	30	3 jumps	Final
11:00am	Boys Shot	30	3 throws	Final
11:50am	Coed Sprint Medley (G,B,G,B)	32	4 heats 200, 200, 400, 800	Final
12:15pm	Girls 2000 Steeplechase	15	1	Final
12:35pm	Boys 2000 Steeplechase	15	1	Final
12:50pm	<b>COACHES</b> 4x100 Relay	☺	1	Final
12:55pm	Girls 4x100 Relay	32	4 heats	Final
1:15pm	Boys 4x100 Relay	32	4 heats	Final
1:35pm	Girls 1600m Run	32	2 heats	Final
1:55pm	Boys 1600m Run	32	2 heats	Final
2:15pm	Girls 100m Final	8	1 heat	Final
2:20pm	Boys 100m Final	8	1 heat	Final
2:25pm	Girls High Hurdle Final	8	1 heat	Final
2:30pm	Boys High Hurdle Final	8	1 heat	Final
2:35pm	Girls 4x800 Relay	30	2 heats	Final
3:05pm	Boys 4x800 Relay	30	2 heats	Final
3:35pm	Girls 4x400 Relay	32	4 heats	Final
4:05pm	Boys 4x400 Relay	32	4 heats	Final

