



Ga.MileSplit.com- NOHS Titan MS Challenge (Sponsored by Fast Feet Timing) 3/22

This is the 2nd Annual 'Under the Lights' Meet after a successful Inaugural meet in 2012. Teams that attended last year will be given preference in entering again. We are going to expand to 20 schools (MAX) this Spring to enhance the competition. A very special awards presenter will be onsite. This is a showcase meet and will feature the best MS athletes in the NEGA area. Schools from outside the area are welcome to compete!

2 athletes per school allowed in Individual events) (2)- 4 x 100 squads, (1)- 4 x 400 squad per school)

Features:

FAT by Fast Feet Timing with Display Clock at Finish Line

Live PA Announcer (Coach Ralph Moore)

Splits Called 800,1600,3200

Top Times/Marks announced for each Heat-Field Event

Athletes introduced at Start Line each heat

Team Scores Updated/Announced after every few events

All performances Captured to ga.milesplit.com Team Pages and Profiles

Hip Numbers utilized every Track Event

Onsite T-Shirts by EagleSportz.com will be available!

MileSplit Online Registration @ <http://ga.milesplit.com/meets/106146-nohs-titan-fast-feet-timing-ms-invitational-friday-nite-lights>

Athletes may enter the following # of Events:

We had a couple schools exceed these limits in 2012. PLEASE, follow the Honor System and not exceed the limit allowed

Max of 4 Events per Athlete

Thus, the combinations are:

2 Relays + 1 Individual Running + 1 Field Events

2 Relays + 2 Field Events

2 Relays + 2 Individual Running

This will allow a few more of your roster to compete in the Meet.. This is in the Spirit of Competition and Sportsmanship for these young athletes!

Field Events: Will begin promptly nlt 4:15!

Horizontal Jumps & Throws- 3 Attempts Finals

Pole Vault & HJ- **2** Misses out until Final 6..(Starting Heights: 4-0/6-0 Girls; 4-6/6-6 Boys) PV will compete at same time. No passing heights allowed after a miss!

4:00 Discus B/ Shot G

4:00 LJ B/ HJ G

4:00 Pole Vault (B&G)

4:20 3200M (During Field Events)

5:00 HJ B/ LJ G

5:00 Discus G/ Shot B

Track Events

6:30 4x100 Relay
7:00 1600m
7:30 400m
7:50 100m
8:15 100h
8:35 800m
9:00 200m
10 Minute Break
9:30 4x400m Relay
Team Awards follow the final heat.

Team Awards (1st and 2nd)

Medals (Top 3 Each Individual Event and Relay team members)

Registration fees (please bring your entry fee to the team check in, make check out to

Boys and Girls Team \$65

Single Gender Team \$35

Unattached \$8 per athlete (Home schoolers and Club athletes will only be allowed to compete if their County System doesn't have MS Track) unattached and not score team points

Admission

Adults- \$5

Students, children- \$3

Parking- Your bus driver will be able to drop off athletes behind the visitors stands at the Gate, but will need to park the Bus at Rocky Bridge Elementary school next to NOHS.

Team Check In- Head Coach, the team check in tent will be inside the gate to the right of the stands. Here, you will be checked in and give your entry fee to the clerk. (**DO NOT BRING CASH**) Checks need to made out to 'Fast Feet Timing Services' You will receive a copy of the Heat/Flight sheets also for the events. Which also will be on the meet page in the Results header by Friday 8am.

Traffic RaceDay- There may be a baseball/softball game and soccer match going on simultaneously across the street. There will be a designated warm up area after check-in on the infield. After completion of Field Events, only athletes checking in and competing in an event are allowed on the infield.

Venue- Event Protocol- Coaches, Fans and athletes will be allowed on the Infield during Field events but **MUST** stay out of the Throwing sectors, HJ tarmac, runways, pits and competing athletes areas and **OFF THE TRACK during the 3200m for their own safety and the runners**. PLEASE, instruct your athletes and Parents NOT to come to the Timer's tent to inquire about their race times. After the completion of every event, results will be posted on a wall near concessions.

Once Field Events are completed everyone must return to the stands except for athletes checking in for their running events unless you are a Coach judging lane exchanges.

Once an athlete has completed their running event, they will exit back inside the fence to the right, please inform your athletes when they cross the finish line, to **NOT WALK BACK ACROSS the FINISH LINE** as the Camera will be LIVE.

Awards Prentation Protocol- Medals are going to be awarded in front of the middle of the stands on the infield immediately after the completion of an event between events.

(for example)

Girls 100 meters is completed,

*winners are announced within 2 minutes after final heat

*winners head to medal area in front of the fans
*winners wait for the boys 100m to be completed
*medals are awarded to the girls, then boys
*New event begins, winners return to stands

Winners will be announced on the PA (1st, 2nd and 3rd place) after each running event is completed. Results will be posted on a board in front of the trailers near concessions a few minutes after each event. If your athlete has won a medal, they need to be prepared to head onto the infield next to the awards area to be recognized, receive their medal with the other 2 winners. Parents, Coaches will not be allowed on the Track to take photos and we will not wait for them to get into position for a photo opp, they need to be ready on the fence in the stands as we want (as well as you), to get the next event underway asap.

Field Event medalists and 3200m athletes will receive their medals immediately after the completion of their event. Those parents and coaches will be allowed on the Track for photo opps as no Track event is being contested

Team Scores will be announced after the completion of the 1st Session, after the 100 Meters and before the 4 x 400 relay.

Sincerely,
Bruce Taylor. Bruce Greenwall co-Meet Directors
Ken Hutto co-Meet Director