



# Galloway Track Meet

February 26, 2013

Welcome to Galloway's home meet. We are looking forward to hosting you and your track team. Included are some important items to look over before the meet. Reminder: running events only, no field events for Galloway home meet # 1.

**Entries:** All meet entries will be done online. Fast Fleet Timing will be providing services for the meet. Go to: [www.milesplit.us/pages/Online Meet Reg Instructions](http://www.milesplit.us/pages/Online_Meet_Reg_Instructions) for assistance with entering/registering for the meet.

**Entry fee:** no entry fee.

**Limits to entries:** 3 individuals per event and 2 relay teams. Entries in the 1600 and 3200 are unlimited (we will only score your top 3).

**Facilities:** The Galloway Athletic Complex is located at: 2400 Defoors Ferry Road, Atlanta, GA 30318. We will have concessions and bathrooms available. We ask that tents not to be set up in the in field, but immediately to the left after entering the gate. Athletes may warm-up on the lower soccer field.

**Athletic Trainer:** We will have an Athletic Trainer on site to assist your athletes.

**Heats:** Heats will be run as a final against the clock.

**Scoring:** 10-8-6-5-4-3-2-1

**Awards:** No medals or ribbons given at this meet.

**Assistance:** Galloway will provide meet responsibilities.

**Schedule of Events: (Rolling Schedule) Girls followed by boys**

2:30pm- Track will be open

3:15pm- Coaches Meeting

3:30pm - 4 x 100  
1600  
400  
100  
100/110 hurdles  
800  
200  
300 hurdles  
3200  
4 x 400