

2017 Bonnie Mattox Relays

General Information

This is the 20th Annual Bonnie Mattox Invitational Relays. In 2002 we attached the name Bonnie Mattox to this event in honor of our former athletic director from 1999 to 2000 for her dedication and commitment to this meet as well as this school and community. This meet is sanctioned for GHSA and SCHSA schools.

ADMISSION:

Admission will be \$5.00

AWARDS

Medals will be awarded to 1st through 3rd place on the awards stand when called. Ribbons will be awarded to the 3rd and 4th place finishers.

CLERKING

All Athletes must check in with the clerk by second call. Athletes are asked to stay in that area until they are escorted to their designated areas.

CONCESSION

A concession will be available to purchase sandwiches, chips, drinks and other snacks. Fast food restaurants are located within a two - three mile range of the stadium.

ELIGIBILITY

This is a GHSA sanctioned event. GHSA rules apply.

ENTRY FEES

Entry Fees will be \$110.00 for both boys and girl's teams or \$60.00 for only one team. **Please send a school check or money order payable to MAHS (Bonnie Mattox Relays) prior to the meet. Entry fees are non-refundable.**

ENTRY LIMITATIONS

Athletes may compete in 5 events under GHSA guidelines.

Both Relays and any (1) of the combinations listed below.

1. Three(3) field events
2. Two (2) field events and one (1) running event
3. One (1) field event and two (2) or one(1) running events

ENTRY TIME TABLE

Entries Due:

Thursday, March 2, 2016
Bonnie Mattox Relays C/O Vinson Elder
Monroe Area High School
300 Double Springs Church Road
Monroe, GA 30656

EVENT SEEDING

Field events will be seeded from worst to best. There will not be a final flight in the jumps and throws. Each athlete will be given four (4) attempts. Running events sections will be from slow to fast. Please send accurate times.

FACILITY

A 9 lane latex track surface with 2 long and triple jump runways and pits. Athletes are asked to stay off the infield during the running events. A designated warm-up area will be announced before the meet begin.

INDIVIDUAL EVENT ENTRY INSTRUCTIONS

Only two(2) athletes per school will be allowed to enter in an individual event. Only one (1) JV 4 X 100 per school can be entered. There is not a limit to runners entered in the JV 1600m runners. **JV athletes may not run in the varsity events.**

PARKING

Buses and cars will park in the general parking lot adjacent to the school and stadium

PACKET PICK-UP

Packets will be available upon arrival after 8:15a.m.

RELAY EVENTS

Schools will be allowed two relay team per event. **No JV Runners allowed to participate on Varsity relays. (NO EXCEPTIONS)**

T-Shirts

Short Sleeve and Long sleeve T-Shirts will be on sale. If you or any of your athletes would like to pre-order t-shirts please let us know in advance.

UNIFORM

Athletes must compete in the school issued uniform in compliance with GHSA rules. **No JEWELRY!!**

Only enter 2 athletes per individual's running/field event.

Minimum Height / Distances	<u>Girls</u>	<u>Boys</u>
Pole Vault (Starting Height)	7'0"	8'0"
High Jump	4'2"	5'6"
Long Jump	14'0"	17'0"
Triple Jump	25'0"	38'0"

Throws and Jumps will not be measured after the first round if an athlete does not jump or throw beyond these distances.