6th Annual Spencer Greenwave Cross Country Invitational

Saturday, September 26th, 2015

Meet and Course Information:
Meet will be held on Fort Benning at the Stewart Field 1 Mile Running track by the old Family Entertainment Center/Destiny Dogs. Due to the meet being on post, spectators and teams should plan to arrive a little early to go through the gates. The course will be on flat ground that is mainly gravel with some grass. The course is very spectator friendly!

Meet Schedule:
Friday Evening (Hosted by Columbus State University):
5:30 pm   Men's 8k
6:15 pm   Women's 5k
Saturday (Hosted by Spencer High School):
8:30 am   5k Unit Challenge/Open Race
9:30 am   Boys' Varsity
9:45 am   Awards for Unit Challenge
10:05 am   Girls' Varsity
10:40 am   Junior Varsity
11:25 am   Middle School 2 Mile
11:30 am   High School Awards
12:00 pm   Middle School Awards

Awards:
Top 3 teams in each Varsity race will receive trophies. The top 7 runners in each Varsity race will receive medals. In the JV race, the top 5 will receive awards. Top middle school team will receive a trophy, and the top 5 runners in the middle school race will receive medals.

Entry Fees (high school and middle school races only):
The entry fee is $100 for a single team (male or female) and $150 entering both a boy's and girl's teams (JV and Varsity). Top seven runners for each team will run in the Varsity race, with the remainder running the JV race. The entry fee for middle school teams would be $100 for each middle school.

Timing:
High Performance Timing will be timing the meet with Finishlynx and Ipico Shoe Chips, and Scoring the meet with Hy-Tek for all the races. We will have results posted and online with Live Results at http://www.highperformancetiming.com within minutes of the last runner crossing the finishline.

Additional Opportunities:
Please feel free to bring your team to Columbus to watch the college races Friday evening, or stay after the meet to tour the National Infantry Museum. We will have booths set up as well from various vendors.