

Competition

Sideline Cheer

Cross Country

Cheer

Football

Volleyball

Basketball

Swim/Dive

Softball

Wrestling

Gymnastics

Girls

Basketball

Golf -Boys

Golf - Girls

Boys

Track

North Oconee High School Titan Club Presents



10th Annual Titan Twilight 5K Run/Walk

1 Mile Fun Run, and Little Titan Races Saturday, August 16, 2014

North Oconee High School / 1081 Rocky Branch Road / Bogart, GA 30622

The start/finish will be located behind the school near the practice fields and tennis courts. The 5K will be a combination of cross-country and paved roads. The 1 Mile Fun Run and Little Titan Races will all be run on the practice fields and on the trails. The 5K will begin at 7:00PM, 1 Mile Fun Run at 6:30PM, and the Little Titan Races will begin at 6:00PM. Race day registration and packet pickup will begin at 4:30PM on the practice field behind the tennis courts.

RACE INFORMATION: The Little Titan Races will kick off the afternoon activities, beginning at 6:00PM for the younger runners. The distances will be as follows: 3 and under – 100 yards; 4-5 -150 yards; 6-7 – 300 yards; 8-9 – 450 yards; and 10-11 – 600 yards. The 1 Mile Fun Run will begin at 6:30PM and the 5K will begin at 7:00PM.

AWARDS: Awards will be presented in the Little Titan Races to the top three boys and girls in each division. Awards in the 1 Mile Fun Run will go to the top three boys and girls 14 and under. All participants in the Little Titan and 1 Mile races will receive a special ribbon. Awards in the 5K will given to the Overall Male/Female, Masters Male/Female, and top three Male/Female in age groups beginning 10 and under through 75 and over.

REGISTRATION: You can register via this form, online at www.active.com, or at the North Oconee High School office by Friday, August 16, 2013 by noon. Entry fee is \$20.00 by 8/7/13, \$25.00 afterwards through race day. There is a family rate of \$60.00 by 8/7/14, \$80.00 afterwards to race day. All pre-registered (Aug.7) participants will be guaranteed a t-shirt. Race day registration and packet pickup will begin at 4:30PM. Checks are to be made out to: **The Titan Club**.

For more information, contact Fast Feet Racing Services at greenwall@bellsouth.net or cherifaber@bellsouth.net



Complete the entry below and mail to: 2014 Titan Twilight, C/o Bruce Greenwall, 1160 Mallard Circle, Bogart, GA 30622 or leave in NOHS front office

Soccer Boys

Soccer Girls

Baseball

Tennis

Name:	Age:	D.O.B		M	F
Address:	City:		ST:	ZIP:	
Shirt Size: YS YM AS AM AL AXL AXXL					
AMOUNT ENCLOSED:					
Waiver: I waive any and all claims for myself and my heirs against NO volunteers for damages, liabilities, injuries, or illnesses I may receive for			C		
physical condition to undertake said event.					
	Signature:				-