



Georgia Mountains Middle School Cross Country Championship

Sam Stovall, NGTC Cross Country Coach

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When: Saturday October 11, 2014 **Boys:** 3.2k @ 9 am **Girls:** 3.2k @ 9:30am

Where: John Arrendale Farm

Cost: \$35 per boys or girls team (\$70 for both)

Course: The Arrendale Course is a natural terrain course primarily on grass and dirt trails. This is not a groomed golf course, but a natural terrain surface with a variety of hills, undulations and other features which will make for a very challenging event for the runners. The course is very open so in certain spots, you can see most of the course so it should be a great venue from a fan's perspective.

Awards: The top 3 teams in each race will receive a trophy along with individual awards for the top 10 runners.

Timing: Fast Feet Timing will provide timing and results for the races.

Registration: Register teams online at www.ga.milesplit.com under calendar of events. Scroll down to event and click online registration to enter team members. Registration may be password protected so email sstovall@northgatech.edu for the password.